PET/CT Brain Imaging
Patient Preparation Instructions

Your physician has ordered a PET/CT exam for you. The team at PET/CT Imaging at the Swedish Cancer Institute is committed to providing you superior service. You can rest assured that this facility will meet the highest level of patient safety standards and image quality.

Please follow these instructions to prepare for the PET/CT Exam. Proper preparation is the key to obtaining optimal PET/CT scan images.

PET/CT FDG BRAIN
Patient Preparation
1. No food after midnight – water only (no sugar-free gum, mints, coffee, candies, etc.)
   If scheduled in the afternoon – six-hour fast before your exam.
2. Low carbohydrate/no sugar meal the night before.
3. Take regular scheduled medications as long as they can be tolerated on an empty stomach
   EXCEPT – if taking anti-anxiety medication and/or pain medication, the PET/CT coordinator
   will speak with you prior to the appointment day regarding these medications.
4. Patients with diabetes – if you take insulin, you will be contacted by the PET/CT Department
   prior to the day of your appointment to discuss specific day-of-exam instructions.

PET/CT AMYLOID BRAIN
Patient Preparation
No patient preparation

If you have any questions, please contact us at 206-215-6487 and we'll be happy to assist you.

See reverse side for map and driving directions.
Driving Directions

From I-5 heading north:
• Take exit 164A (Dearborn St./James St.) toward Madison Street. Initially stay in the left lane on the exit and then follow signs toward Madison Street.
• Turn right onto Madison Street.
• Go up the hill on Madison Street 1½ blocks past Boren Avenue.
• Turn right into the circle drive for the Nordstrom Medical Building parking garage.
• Take the sidewalk from the parking garage to the Arnold Pavilion.

From I-5 heading south:
• Take I-5 Exit 166 (Stewart St.)
• Continue on Stewart St.
• Turn left onto Boren Avenue. Continue on Boren to Madison Street.
• Turn left onto Madison Street.
• Go 1½ blocks, then turn right into the circle drive for the Nordstrom Medical Building parking garage.
• Take the sidewalk from the parking garage to the Arnold Pavilion.