

# American Cancer Society's Patient Navigator Service at Swedish



Sarah Mathison

In partnership with the American Cancer Society, the Swedish Cancer Institute offers an innovative patient-assistance program called the American Cancer Society Patient Navigator. This service complements the SCI's full range of integrated cancer-care services, which helps link patients with vital cancer-related resources in the community.

## What is a patient navigator?

The American Cancer Society Cancer Patient Navigator is a professional dedicated to helping cancer patients, families and caregivers navigate the many systems needed during diagnosis and treatment. The service has been in use at a handful of facilities throughout the nation, with Swedish as the first in Washington state to host the program.

## Benefits of this service

The patient navigator is available to:

- Provide information and materials on coping with illness and treatment
- Refer patients to support groups, classes and community resources, as appropriate
- Help patients find resources for financial assistance, medication needs, home-health care, transportation and other concerns
- Help provide patient access to wigs, prosthesis and other cancer-related items

- Identify activities that will help patients achieve better quality of life
- Listen and help cancer survivors learn to self-navigate
- Provide tours of the Swedish Cancer Institute for patients and caregivers

## About our navigator, Sarah Mathison

Along with a degree in education, Sarah brings cross-cultural experience drawn from time living in Costa Rica, Spain and Germany. Sarah has worked in social services, including family advocacy. She is available to meet with all oncology patients and their families.

Patients, families and caregivers can set up appointments directly with the American Cancer Society Patient Navigator.

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*To schedule an appointment,  
or for more information, call  
Sarah Mathison at 206-215-6557.*