Welcome and thank you for choosing the Swedish VIP for KIDS clinic. Our goal is to help you and your child problem solve any voiding (pee) problems he/she may be dealing with.

To help us better understand your child’s voiding problems, please complete the following and bring with you to your appointment or fax it to us before your appointment:

- **The Elimination Diary**

  **INSTRUCTIONS:**

  - VOIDING: You can do this any days during the week or on the weekend just as long as it’s done for 2 days. Please don’t prompt your child to go to the bathroom when you fill this out.

  - BOWEL MOVEMENT: We need to know how often your child has a bowel movement (BM) in 1 week and what NUMBER it looks like.

- **Voiding History** - this gives us some background on your child’s health and voiding problems.

- **PLUTSS score** – this gives us a “snapshot” of how often symptoms happen in the past 30 days.

Your child will have a comprehensive evaluation which will include the following tests as needed:

- Urinalysis
- Uroflow – your child will pee in a “special toilet” to measure how well the bladder works
- Post Void Residual – this involves a small amount of gel on the lower abdomen to measure how well the bladder can empty.
- KUB – an abdominal x-ray

**It’s important your child arrive to the clinic with a full bladder**

If you should have any questions, please give us a call!

Thank you and we look forward to meeting you.

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