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SWEDISH CANCER INSTITUTE
PET/CT IMAGING

PET/CT Brain Imaging – Memory Loss Patient Preparation Instructions

Your physician has ordered a PET/CT exam for you. The team at PET/CT Imaging at the Swedish Cancer Institute is committed to providing you superior service. You can rest assured that this facility will meet the highest level of patient safety standards and image quality.

Please follow these instructions to prepare for the PET/CT exam. Proper preparation is the key to obtaining the best possible PET/CT scan images.

PET/CT BRAIN IMAGING – MEMORY LOSS

Patient preparation

1. Do not eat food after midnight. You can have **water only** (no sugar-free gum, mints, coffee, candies, etc.) If your exam is scheduled in the afternoon, fast for six hours before your exam.
2. Eat a low-carbohydrate/no sugar meal the night before.
3. Take regular, scheduled medications as long as they can be tolerated on an empty stomach. **Exception: If you are taking anti-anxiety medication and/or pain medication**, the PET/CT coordinator will speak with you prior to the appointment day regarding these medications.
4. **Patients with diabetes:** If you take insulin, you will be contacted by the PET/CT department prior to the day of your appointment to discuss specific day-of-exam instructions.

If you have any questions, please contact us at 206-215-6487 and we'll be happy to assist you.

See reverse side for map and driving directions.

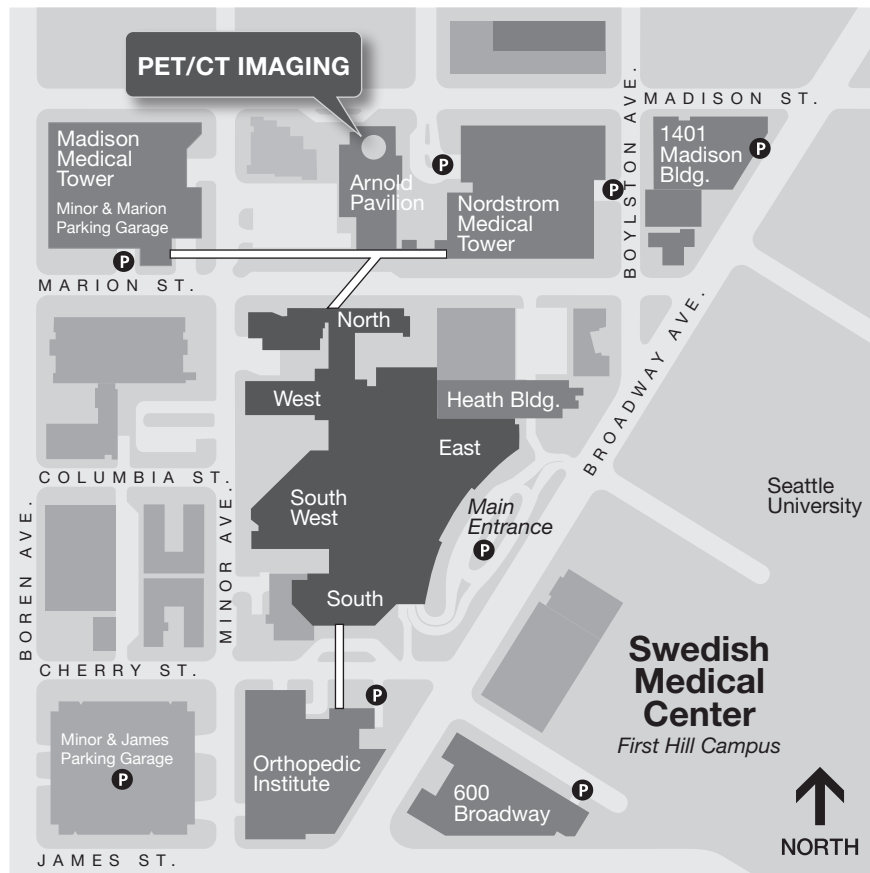
Driving directions

From I-5 heading north:

- Take exit 164A (Dearborn Street/James Street) toward Madison Street. Initially stay in the left lane on the exit and then follow signs toward Madison Street.
- Turn right onto Madison Street.
- Go up the hill on Madison Street 1½ blocks past Boren Avenue.
- Turn right into the circle drive for the Nordstrom Medical Building parking garage.
- Take the sidewalk from the parking garage to the Arnold Pavilion.

From I-5 heading south:

- Take I-5 Exit 166 (Stewart Street).
- Continue on Stewart Street.
- Turn left onto Boren Avenue. Continue on Boren Avenue to Madison Street.
- Turn left onto Madison Street.
- Go 1½ blocks, then turn right into the circle drive for the Nordstrom Medical Building parking garage.
- Take the sidewalk from the parking garage to the Arnold Pavilion.



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