

# 2020

## COMMUNITY BENEFIT PROGRAM

# Health for Good

### COMMUNITY HEALTH NEEDS ASSESSMENT



Housing/  
homelessness



Food  
insecurity



Mental health



Diabetes/obesity



Back and  
joint pain



Drug use/  
substance abuse

#### OUR MISSION

Improve the health and well-being of each person we serve

#### OUR VISION

Health for a better world

#### OUR VALUES

Compassion  
Justice  
Excellence  
Dignity  
Integrity  
Safety

#### OUR PROMISE

Extraordinary care.  
Extraordinary caring.<sup>SM</sup>

#### REINVESTING IN THE COMMUNITY

In the last seven years, Swedish spent more than \$1.3 billion in community benefit. We are making investments that go beyond the need for free and discounted care by improving access to care and developing new ways to help people stay healthy.

In 2020, we spent more than \$258 million on community benefit programs, including \$30 million in free and discounted care.

#### ACCESS TO CARE

In 2020 Swedish provided access to more than 115,881 Medicaid patients.

#### PROVIDING FINANCIAL ASSISTANCE

Our charity care program provides a 100 percent financial discount to individuals and families between 0-300 percent of the federal poverty level (formerly 0-200 percent).

- For example, a family of four with a household income of approximately \$79,500 or less would qualify.

In addition, for individuals and families between 301-400 percent of the federal poverty level, Swedish provides a discount of at least 75 percent.

- For example, a family of four with a household income of approximately \$79,501-\$106,000 would qualify.

More than \$258 million on community benefit programs

Access to 115,881 Medicaid patients

100 percent financial discount to individuals and families between 0-300 percent of the federal poverty level

# By the numbers

## 2020 COMMUNITY BENEFIT ACROSS SWEDISH

**\$176 million**

Unfunded portion of government-sponsored medical care:



This is the difference between the actual cost of care and what is paid by the state and federal government. It does not include Medicare.

**\$30 million**

Free and discounted medical care for patients in need:



This is financial assistance for those who are uninsured, underinsured or otherwise unable to pay for their health care.

**\$39 million**

Professional health education and research programs:



These are subsidies for medical residency programs, nursing and other education, and medical research.

**\$6 million**

Subsidized services:



This includes clinical and social services provided despite a financial loss because they meet identified needs not met elsewhere in the community.

**\$7 million**

Community health, grants and donations:



This reflects free services, such as patient education, health screenings, immunizations and support groups, as well as donations to community partners.

### COMMUNITY BENEFIT BY CAMPUS:

Ballard	\$ 11 million
Cherry Hill	\$ 28 million
Edmonds	\$ 30 million
First Hill	\$ 87 million
Issaquah	\$ 16 million
Mill Creek	\$ 6 million
Redmond	\$ 2 million
Swedish Medical Group	\$ 26 million



## Community health needs assessment

These leading health concerns were identified to guide us in gathering accurate information to determine current health trends and identify issues for action.

- **Mental and behavioral health** — The number of people with symptoms of depression increased by more than 30 percent between April and May 2020. The number of calls to King County's behavioral health crisis line also increased after the start of physical distancing. Mental health disorders can have a serious impact on physical health and are associated with the prevalence, progression and outcome of chronic diseases.
- **Homelessness** — Homelessness is an ongoing crisis in Seattle and King County, affecting families, children, older adults and veterans. It disproportionately impacts LGBTQI+ individuals and certain communities of color. We continue to treat homeless patients in our hospitals and witness the human toll of living on the streets.
- **Substance abuse and drug addiction** — The effects of substance abuse contribute to costly social, physical, mental and public health problems, and has a devastating impact on individuals, families and communities.
- **Obesity and diabetes** — Diabetes is an epidemic in the U.S. Approximately 530,000 individuals in Washington (9.4 percent of the adult population) have diabetes. We are committed to improving access to resources and screenings for diabetes and to providing education about obesity, appropriate nutrition and physical activity.
- **Joint and back pain** — According to national studies, musculoskeletal pain is the most common type of chronic pain. Chronic joint and back pain seriously affects a person's daily activities and quality of life. Nationwide, low back pain affects 80 percent of individuals at some point in their life that necessitates access to health care services.

## Community partnerships

Swedish supports the vital work of local agencies and organizations whose efforts further impact the work that we do to find innovative and measurable ways to reduce health care costs and improve the health and quality of life in our communities.





## How we care

### CAMP TEN TREES



Camp Ten Trees is a residential summer camp for LGBTQI+ youth and youth from LGBTQI+ families in the Seattle area. The youth have the opportunity to connect with adults, and according to The Trevor Project, this connection can reduce the risk of suicide attempts by 40 percent. This is the only program of its kind in the Pacific Northwest. [Read more.](#)

### DENISE LOUIE EDUCATION CENTER

Swedish supports the Denise Louie Education Center, which promotes school and life readiness by providing multi-cultural early learning services to children and families. While our organization, programs and services have radically expanded to meet the needs of King County’s growing and increasingly diverse population, their mission remains the same: to fill gaps in early childhood education that fail the most vulnerable families and to close the opportunity gap that less advantaged children and caregivers face compared to peers. [Read more.](#)



### BIKE WORKS

Seattle’s south end is considered a “bicycle desert.” Established 25 years ago in the south Seattle neighborhood known as Columbia City, Bike Works is a nonprofit organization dedicated to making cycling more accessible and equitable through community-based outreach and youth-centered programming. The organization believes that bikes are more than a mode of transportation. They are a means for leading a healthy and environmentally friendly life. [Read more.](#)



# About Swedish

## SERVING THE REGION SINCE 1910

With a commitment to take care of everyone who comes through our doors, regardless of their ability to pay, Swedish has been woven into the fabric of the Pacific Northwest since 1910.

## SWEDISH IS GOVERNED BY THE COMMUNITIES IT SERVES

As a not-for-profit health care system, we are governed by a dedicated group of community members who serve on our Board of Trustees. We value the time and effort of our board members who serve as unpaid volunteers.

## OUR ECONOMIC CONTRIBUTION TO THE COMMUNITY

Swedish has grown to become the largest not-for-profit health provider in the greater Seattle area.

- 12,570 caregivers (all employees and providers)
- 1,262 providers
- 3,679 Medical Staff providers
- Volunteering in 2020 looked a bit different for our caregivers due to the COVID-19 pandemic. Rather than donate their time to our community partners, or to their non-profits of choice, they spent countless hours — as health care heroes — caring for those in our communities affected by COVID-19. (In 2019, caregivers gave over 20,000 hours of service to the community.)

## WE HAVE:

- Five hospital campuses (First Hill, Cherry Hill, Ballard, Edmonds and Issaquah)
- An emergency room and specialty center in Redmond (East King County) and the Mill Creek area in Everett
- Swedish Medical Group, a network of 123 primary and specialty care locations throughout the greater Puget Sound area
- Affiliations with suburban hospitals and physician groups

## SWEDISH COMMUNITY BENEFIT PROGRAM

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[swedish.org](http://swedish.org)

We do not discriminate on the basis of race, color, national origin, sex, sexual orientation, gender identity or expression, age, or disability in our health programs and activities.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711)  
注意：如果您講中文，我們可以給您提供免費中文翻譯服務，請致電 888-311-9127 (TTY: 711)

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FIRST HILL



CHERRY HILL



BALLARD



EDMONDS



ISSAQUAH