

# COMMUNITY BENEFIT PROGRAM

## Health for Good

### COMMUNITY HEALTH NEEDS ASSESSMENT



Housing/  
homelessness



Mental health



Diabetes/obesity



Racism and discrimination



Drug use/  
substance abuse

#### OUR MISSION

Improve the health and well-being of each person we serve

#### OUR VISION

Health for a better world

#### OUR VALUES

Compassion  
Justice  
Excellence  
Dignity  
Integrity  
Safety

#### OUR PROMISE

Extraordinary care.  
Extraordinary caring.<sup>SM</sup>

#### REINVESTING IN THE COMMUNITY

In the last eight years, Swedish spent more than \$1.3 billion in community benefit. We are making investments that go beyond the need for free and discounted care by improving access to care and developing new ways to help people stay healthy.

In 2021, we spent more than \$252 million on community benefit programs, including \$30 million in free and discounted care.

#### ACCESS TO CARE

In 2021 Swedish provided access to more than 115,881 Medicaid patients.

#### PROVIDING FINANCIAL ASSISTANCE

Our charity care program provides a 100 percent financial discount to individuals and families between 0-300 percent of the federal poverty level.

Full charity for family of four (up to 300%):

2020	\$78,600 or less
2021	\$79,500 or less
2022	\$83,250 or less

Partial (301 - 400%)

2020	\$78,601 - \$104,800
2021	\$79,501 - \$106,000
2022	\$83,251 - \$111,000

\$252 million on  
community benefit  
programs

Access to 100,397  
Medicaid patients

100 percent financial  
discount to individuals  
and families between  
0-300 percent of the  
federal poverty level

# By the numbers

## 2021 COMMUNITY BENEFIT ACROSS SWEDISH

### \$174 million

Unpaid cost of Medicaid and other means-tested government programs:

This is the difference between the actual cost of care and what is paid by the state and federal government. It does not include Medicare.



### \$25.1 million

Free and discounted medical care for patients in need:

This is financial assistance for those who are uninsured, underinsured or otherwise unable to pay for their health care.



### \$34.2 million

Health professions, educations and research:

These are subsidies for medical residency programs, nursing and other education, and medical research.



### \$8.1 million

Subsidized health services:

This includes clinical and social services provided despite a financial loss because they meet identified needs not met elsewhere in the community.



### \$10.4 million

Community health improvement and strategic partnerships:

This reflects free services, such as patient education, health screenings, immunizations and support groups as well as donations to community partners.



#### COMMUNITY BENEFIT BY CAMPUS:

Ballard	\$ 18 million
Cherry Hill	\$ 31 million
Edmonds	\$ 29 million
First Hill	\$ 117 million
Issaquah	\$ 19 million
Mill Creek	\$ 8 million
Redmond	\$ 2 million
Swedish Medical Group	\$ 28 million
JV - PET/CT	\$ 107 thousand
SHS Shared Services	\$ 8 thousand



## Community health needs assessment

These leading health concerns were identified to guide us in gathering accurate information to determine current health trends and identify issues for action.

- **Mental and behavioral health** — The number of people with symptoms of depression and suicide ideation have remained similar since April 2020 with 34.1-40.2% of those 18-24 years old feeling depressed and anxious compared to all other age groups. Mental health disorders can have a serious impact on physical health and are associated with the prevalence, progression and outcome of chronic diseases.
- **Homelessness** — Homelessness is an ongoing crisis in Seattle and King County, affecting families, children, older adults and veterans. It disproportionately impacts LGBTQI+ individuals and certain communities of color. We continue to treat homeless patients in our hospitals and witness the human toll of living on the streets.
- **Substance abuse and drug addiction** — The effects of substance abuse contribute to costly social, physical, mental and public health problems, and has a devastating impact on individuals, families and communities.
- **Obesity and diabetes** — Diabetes is a common but serious and costly disease in Washington state. About one in eight adults in Washington state have diabetes. In addition, an estimated one in three have prediabetes. Diabetes is more prevalent among certain groups including racial and ethnic minorities and those with lower income and education levels. We are committed to improving access to resources and screenings for diabetes and to providing education about obesity, appropriate nutrition and physical activity.
- **Joint and back pain** — According to national studies, musculoskeletal pain is the most common type of chronic pain. Chronic joint and back pain seriously affects a person's daily activities and quality of life. Nationwide, low back pain affects 80 percent of individuals at some point in their life that necessitates access to health care services.

## Community partnerships

Swedish supports the vital work of local agencies and organizations whose efforts further impact the work that we do to find innovative, equitable and measurable ways to reduce health care costs and improve the health and quality of life in our communities.



ASIAN COUNSELING and REFERRAL SERVICE



Lifelong.

Plymouth Housing



friends of youth

# How we care

## SUPPORTING AND EMPOWERING BLACK BIRTHING WOMEN AND PEOPLE

The Black Birth Empowerment Initiative (BBEI) at Swedish is a curated program designed for those who identify as Black or African American. Its purpose is to center and uplift the Black birth experience by providing clients the option to work with culturally competent, trained doulas. BBEI caregivers work to reduce health disparities in the Black community including prenatal and postpartum complications and higher rates of stillbirths and pregnancy mortality.

According to Sauleiha Akangbe, certified birth doula and manager, Birth Equity and Women's Health for the Swedish doula program, BBEI was created in direct response to concerns heard from the community. "There was a call from our community that Swedish needed to do better for the community. The doula program, with support from leadership, prioritizes the Black doula experience and respects the importance of empowering and honoring the Black birthing experience," says Akangbe.

The program's Doula Diversity Scholarship is a key resource for aspiring doulas of color and it helps advance the initiative's goals. The scholarship covers the cost of doula training and certification, a lending library, and shadowing opportunities. In 2021, the program received community benefit support from Swedish to provide scholarships to four new doulas who will work in the community. Jeleine Osario Smith, a 2021 scholarship recipient says, "I'm hoping with training and education, I will be able to bring the support a laboring family needs when it matters the most."



## REFUGEE ARTISAN INITIATIVE

A solution to Swedish's scrub supply problem was just around the corner with Refugee Artisan Initiative (RAI), a nonprofit founded by Ming-Ming Tung-Edelman. RAI helps refugee and immigrant women improve skills developed in their home countries and connects them with artisan U.S. job opportunities.

Tung-Edelman applied to Swedish's Community Investment Funding Grant, and not long after, Swedish and RAI partnered to supply our caregivers with measured-to-fit scrubs.

"Our refugees' sewing skills have never been so valuable. These women will be able to provide an income for their families and achieve their own American dream," Tung-Edelman says of the partnership.

## SWEDISH MOBILE VACCINE CLINICS

In 2021, we answered the call to vaccinate those who needed it most. We launched a mobile vaccination clinic, using COVID-19 data to target our outreach and vaccine education efforts to underserved populations most affected by the pandemic. Our caregiver volunteers made these clinics a reality, and we administered over 10,000 vaccinations with over 20 community partners. Caregiver/staff and community volunteers even provided clothing and supply donations at some of these events. The Washington State Hospital Association awarded its 2021 Community Health Leadership Award to Swedish for our mobile vaccine clinic team.

For more information, go to <https://blog.swedish.org/swedish-news/wsha-presents-swedish-with-2021-community-health-leadership-award> and <https://blog.swedish.org/community/tackling-covid-19-hot-spots-more-than-9-000-vaccines-administered>.



# About Swedish

## SERVING THE REGION SINCE 1910

With a commitment to take care of everyone who comes through our doors, regardless of their ability to pay, Swedish has been woven into the fabric of the Pacific Northwest since 1910.

## SWEDISH IS GOVERNED BY THE COMMUNITIES IT SERVES

As a not-for-profit health care system, we are governed by a dedicated group of community members who serve on our Board of Trustees. We value the time and effort of our board members who serve as unpaid volunteers.

## OUR ECONOMIC CONTRIBUTION TO THE COMMUNITY

Swedish has grown to become the largest not-for-profit health provider in the greater Seattle area.

- 12,588 caregivers (all employees and providers)
- 1,319 providers
- 3,455 Medical Staff providers
- Volunteering in 2021 posed a challenge for our caregivers due to COVID. Rather than donate their time to our community partners, or to their non-profits of choice, they continued to spend countless hours — as health care heroes — caring for those in our communities affected by COVID-19.

## WE HAVE:

- Five hospital campuses (First Hill, Cherry Hill, Ballard, Edmonds and Issaquah)
- An emergency room and specialty center in Redmond (East King County) and the Mill Creek area in Everett
- Swedish Medical Group, a network of 123 primary and specialty care locations throughout the greater Puget Sound area
- Affiliations with suburban hospitals and physician groups

## SWEDISH COMMUNITY BENEFIT PROGRAM

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[swedish.org](http://swedish.org)

We do not discriminate on the basis of race, color, national origin, sex, sexual orientation, gender identity or expression, age, or disability in our health programs and activities.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711)  
注意：如果您講中文，我們可以給您提供免費中文翻譯服務，請致電 888-311-9127 (TTY: 711)

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FIRST HILL



CHERRY HILL



BALLARD



EDMONDS



ISSAQUAH

