The Promise: Care for All

REINVESTING IN THE COMMUNITY
In the last five years, Swedish spent more than $900 million in community benefit. We are making investments that go beyond just the need for free and discounted care by improving access to care and developing new ways to help people stay healthy.

In 2017, we spent almost $200 million on community benefit programs, including $23.9 million in free and discounted care.

ACCESS TO CARE
In 2017 Swedish provided access to more than 107,000 Medicaid distinct patients due to Medicaid expansion and health insurance exchange.

PROVIDING FINANCIAL ASSISTANCE
Our charity care program provides a 100 percent financial discount to individuals and families between 0-300 percent of the federal poverty level (formerly 0-200 percent).

- For example, a family of four with a household income of approximately $75,000 or less would qualify.

In addition, for individuals and families between 301-400 percent of the federal poverty level, Swedish provides a discount of at least 75 percent.

- For example, a family of four with a household income of approximately $75,000-$100,000 would qualify.
By the numbers

COMMUNITY BENEFIT ACROSS SWEDISH

$122.8 million
Unfunded portion of government-sponsored medical care:
This is the difference between the actual cost of care and what is paid by the state and federal governments. It does not include Medicare.

$23.9 million
Free and discounted medical care for patients in need:
This is financial assistance for those who are uninsured, underinsured or otherwise unable to pay for their health care.

$30.3 million
Education and research programs:
These are subsidies for medical residency programs, nursing and other education, and medical research.

$16.6 million
Subsidized services:
This includes clinical and social services provided despite a financial loss because they meet identified needs not met elsewhere in the community.

$4.4 million
Community health, grants and donations:
This reflects free services, such as patient education, health screenings, immunizations and support groups, as well as donations to community partners.

COMMUNITY BENEFIT BY CAMPUS:
Ballard $ 12,442,195
Cherry Hill $ 25,918,853
Edmonds $ 16,714,240
First Hill $105,079,555
Issaquah $ 11,746,861
Mill Creek $ 3,256,738
Redmond $ 1,809,297
Swedish Medical Group $ 20,994,988

Community health needs assessment

These leading health concerns were identified to guide us in gathering accurate information to determine current health trends and identify issues for action.

- **Access to care**
  Costs are a barrier to seeking medical care. Providing assistance to those who lack health insurance enables them to receive preventive services in a timely manner.

- **Behavioral health**
  The need for mental health services continues to increase. Opportunities to address these needs include standardized referral and coordinated discharge planning protocol.

- **Maternal and child health**
  Reduce disparities in adverse birth outcomes by stressing the importance of prenatal care and ongoing social support.

- **Preventable causes of death**
  Increase access to resources and education about obesity, tobacco use, and appropriate nutrition and physical activity.

- **Violence and injury prevention**
  Identify best practices to prevent deaths due to falls, suicide and distracted and impaired driving concerns.

- **Respond to the opioid epidemic**
  Improve access to comprehensive addiction treatment while balancing and providing safe pain care to those patients suffering with chronic pain restore their quality of life.

Community partnerships

Swedish collaborates with local agencies and organizations to find innovative and measurable ways to reduce health care costs and improve the health of all people in our community.
How we care

U.S. CUSTOMS AND BORDER PROTECTION – HEALTH AND WELLNESS RESOURCE FAIR
In April 2017, The U.S. Customs and Border Protection (CBP) had its first Family Outreach and Bring Your Child to Work event for employees in Washington state. Swedish was one of the organizations asked to participate in this health fair to support CBP's work/life balance, health and fitness goals for its officers. Caregivers from Sleep Medicine, Cardiac Services and the Swedish Cancer Institute offered information, resources and had insightful conversations with officers surrounding health concerns and challenges they face in their work. Two similar health fair events occurred in Sumas, Wash., and along the Canada-United States border; all three fairs engaged over 1,500 officers.

COUNTRY DOCTOR AND CAROLYN DOWNS COMMUNITY HEALTH CENTER
Swedish partners with Country Doctor, a federally qualified health center (FQHC). The 14th annual Health Fair and Dinner/Spa event for homeless families living at the YWCA shelters served by the Healthcare for Homeless program of Carolyn Downs/Country Doctor Community Health Centers was held in Oct. 2017. The theme was “Healthy Minds/Bodies and Relationships.” Country Doctor focused on mental health, domestic violence and chemical dependency, some of the most challenging issues facing the homeless population. The goal was to empower families confronting homelessness and encourage patients to engage more readily with behavioral health services. More than 30 adults and 53 children attended. Two domestic violence advocates discussed the elements of healthy and unhealthy relationships, power versus control and available support services. Powerful conversations ensued as women and men opened up and shared their experiences.

The Swedish Retail Store Program lent to the success of this event. Through the donation of surplus merchandise, Country Doctor was able to create beautiful gifts, including bags, personal care items, bras, pajamas, slippers and nightgowns. One woman commented that, “This is one of the best days of my life; somebody must really care since we received such high quality and useful gifts.” Another mom was delighted to have a bra that fitted her and said, “I have never had a bra that fitted before and now can look for a job.”

SWEDISH COMMUNITY SPECIALTY CLINIC
This past year, a 17-year-old male was seen at the International Community Health Services (ICHS) mobile dental van that visits local schools in our community. Because the boy had been seen by the dental van in the past, his father contacted the school when he noticed significant facial swelling in the boy that morning. The school indicated that the mobile dental van would be at a local middle school and to take his son directly there for evaluation.

Once the patient arrived, the dentist tried to numb the patient and was unsuccessful because of the significant swelling. The patient was instructed to go to the Swedish Community Specialty Clinic (SCSC), where he would be able to receive treatment at no cost. Upon arrival, the dental resident, Dr. Aarika Mitchell, and dental attending, Dr. Taylor Berry, decided that the patient would need a dental CT. Swedish Radiology agreed to see the patient as a walk-in charity case.

Once the patient returned from CT, a large lesion was discovered by Drs. Berry and Mitchell. The oral surgeon on-call was contacted and it was determined that the patient needed to be admitted to the hospital for 24-hour observation and IV antibiotics. By the next day, the swelling had dramatically reduced. The patient was taken back to SCSC the same day as discharge for a biopsy to rule out potential pathology of the lesion by oral surgeon Dr. Henry Rowshan. Once the patient was discharged from SCSC, he was provided with a coupon to receive free antibiotics and pain medication through Walgreens pharmacy. Now, the patient is doing much better, and definitive treatment is still being determined for the remaining teeth that need extractions.

The father is extremely grateful for the services that were provided at Swedish. He states, “I am barely able to pay my bills, and I didn’t know how I was going to be able to pay to have my son’s teeth fixed, which is why he goes to the dental van.”

SEATTLE KING COUNTY CLINIC – A COMMUNITY OF COMPASSIONATE CARE
Over the past four years, because of various organizations’ efforts and support, the Seattle King County Clinic provided $3.7 million in free dental, vision, medical and behavioral health care, as well as social services to 16,233 patients. Swedish is a proud partner of the Seattle King County Clinic. In 2017, more than 70 Swedish caregivers donated their time to provide compassionate care to the community.
SERVING THE REGION SINCE 1910
With a commitment to take care of everyone who comes through our doors, regardless of their ability to pay, Swedish has been woven into the fabric of the Pacific Northwest since 1910.

SWEDISH IS GOVERNED BY THE COMMUNITIES IT SERVES
As a not-for-profit health care system, we are governed by a dedicated group of community members who serve on our Board of Trustees. We value the time and effort of our board members who serve as unpaid volunteers.

OUR ECONOMIC CONTRIBUTION TO THE COMMUNITY
Swedish has grown to become the largest not-for-profit health provider in the greater Seattle area.

- 13,317 valued employees
- 3,116 physicians and allied health professionals
- Over 6,500 community service volunteer hours by our caregivers/employees

WE HAVE:
- Five hospital campuses (First Hill, Cherry Hill, Ballard, Edmonds and Issaquah)
- An emergency room and specialty center in Redmond (East King County) and the Mill Creek area in Everett
- Swedish Medical Group, a network of 118 primary and specialty care locations throughout the greater Puget Sound area
- Affiliations with suburban hospitals and physician groups
- Twelve Swedish Express Care clinics throughout the King County area

SWEDISH COMMUNITY BENEFIT PROGRAM
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