

Arthrogram

Tell your health care provider if:

- You are or may be pregnant
- You have any allergies
- You have any bleeding problems or take blood thinners or other medications, including aspirin

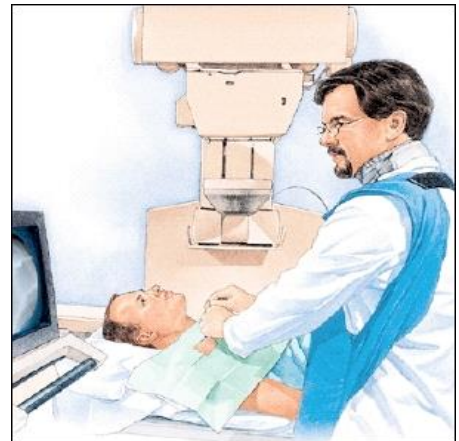
An **arthrogram** is an imaging study used to assess your joint problem. Iodine based contrast is injected into the joint being studied. Then, x-ray, computed tomography (CT) or MRI is used to study the joint.

Before Your Test

- Arrange for someone to drive you home.
- Wear loose-fitting clothing.

During Your Test

- X-rays of your joint are taken first.
- The skin around the joint is cleaned and then covered with drapes.
- The area around your joint is numbed.
- Contrast fluid is injected into your joint to improve the images.
- X-rays are again taken.
- The doctor will move your joint. You may also be asked to exercise your joint.
- Additional x-rays may be taken after you exercise.
- If you need a CT or MRI exam, it will follow the x-rays.



After Your Test

- Drink extra water or other clear fluids for 24 hours.
- Make a follow-up appointment to get your results from your referring physician.

Call Your Doctor If:

- You have pain or swelling that doesn't improve by 2 days after your test
- You have a fever