



Sign up for a MyChart  
OR login to your  
MyChart here.



We do not discriminate on the basis of race, color, national origin, sex, sexual orientation, gender identity or expression, age, or disability in our health programs and activities.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY:711)  
注意：如果您講中文，我們可以給您提供免費中文翻譯服務，請致電 888-311-9127 (TTY:711)

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# WE ASK BECAUSE WE CARE

*How to share your preferred name,  
pronouns, sexual orientation,  
gender identity, legal sex and  
sex assigned at birth*



Our vision, *Health for a Better World*, is driven by a belief that health is a human right. Every person deserves a chance to live a healthy life.

We know in order to live up to our values — *Compassion, Justice, Excellence, Dignity, Integrity and Safety* — and value each member of our diverse community, we must commit to safe and inclusive language.

**Asking our patients questions about themselves helps us provide the highest-quality care and build relationships.**

**Note:** *The questions on the inside of this brochure are all optional and are kept confidential. We do ask for legal name and legal sex for insurance purposes and to ensure we provide care to the correct person. Please feel free to share your responses to these questions with your Swedish care team during a visit, complete the inside of this brochure and give it to a Swedish caregiver at the front desk or rooming you or respond to some of these questions in MyChart.*

Legal first name, last name:

How would you like us to address you?/What name do you go by?

Please select only one answer for each question below.

### What pronouns do you use?

- She/Her/Hers
- He/Him/His
- They/Them/Theirs
- Patient's name
- Decline to answer
- Unknown

### What best describes your sexual orientation?

- Straight (not lesbian or gay)
- Bisexual
- Something else
- Don't know
- Choose not to disclose
- Gay
- Lesbian

### What best describes your gender identity?

- Female
- Male
- Transgender Female/Male-to-Female
- Transgender Male/Female-to-Male
- Other/Non-binary
- Choose not to disclose

### What best describes your legal sex?

- Female
- Male
- Other
- Unknown

### What was your sex assigned at birth?

- Female
- Male
- Unknown
- Not recorded on birth certificate
- Choose not to disclose
- Uncertain

