



**Swedish Laboratory Services**

21601 76<sup>th</sup> Avenue West

Edmonds, WA 98026

T 425.640.4179

F 425.640.4426

## **PATIENT INSTRUCTIONS FOR COLLECTION OF SEMEN**

Your physician has requested us to analyze a semen specimen. To insure accuracy, the specimen must be collected properly and the entire specimen returned to the laboratory. It is generally recommended that there be 2-5 days of abstaining from intercourse (or emission) before collecting a laboratory specimen. The laboratory can analyze these specimens between 6:00 am & 3:00 pm, Monday through Friday.

The only acceptable method of collecting the specimen is through masturbation. The entire ejaculate is to be collected in a clean container provided either by your physician's office or the laboratory. A condom is NOT an acceptable method of collection. Collection can be done either in the privacy of your home or at the Swedish/Edmonds Laboratory.

For fertility testing, specimens should reach the laboratory 30-60 minutes after collection and be kept as close as possible to body temperatures. For post vasectomy testing, specimens are best if tested within 2 hours after collection however we will accept specimens up to 24 hours after collection. Once collected tighten the lid. The specimen should be labeled with your name, date of birth and be accompanied by the collection form.

Bring specimen directly to the laboratory along with a copy of the physicians order and your insurance card.

Results of the testing should be obtained from your physician.

If you have questions please call:  
Swedish Laboratory Services (425) 640-4179