



MALE

Clean Catch Midstream Urine Collection

1. Wash your hands.
2. Unfold towelette. Retract the foreskin and clean the head of the penis thoroughly with towelette.
3. Begin urinating into the toilet.
4. Place collection cup into the stream of urine for a “midstream” sample.
5. Finish urinating into the toilet.
6. Label collection cup with your name date of birth and date and time of collection.
7. Place specimen where instructed.