# **Purposeful Rounding "Checking In"**

# What is Purposeful Rounding or "Checking In"?

The practice of clinical staff checking in with patients proactively for a meaningful interaction.

Introduce yourself using good eye contact and tell the patient you are checking in.

## What are the objectives?

- Increase patient satisfaction
- Improved pain management/comfort
- Decreased fall rate
- Decreased skin breakdown
- Decreased need for patient to use call light

#### How often is it done?

• At least every hour 0700-2400 and every two hours 2400-0600.

#### Who is responsible?

• RNs, nursing technicians, NA-Cs and nursing students.

#### What is assessed?

- The 4 "Ps":
  - Pain
  - Potty/Toileting
  - Position
  - Possessions

## Additional Considerations:

• Fall Risk