

# COMMUNITY HEALTH NEEDS ASSESSMENT EXECUTIVE SUMMARY

## Providence Swedish Hospitals—King County, WA

SWEDISH FIRST HILL, CHERRY HILL, BALLARD, AND ISSAQUAH

### Understanding and Responding to Community Needs

The Community Health Needs Assessment (CHNA) is an opportunity for Providence Swedish to engage the community every three years with the goal of better understanding community strengths and needs. At Providence Swedish, this process informs our partnerships, programs, and investments. Improving the health of our communities is fundamental to our Mission and deeply rooted in our heritage and purpose.

Providence Swedish is also a member of the King County Hospitals for a Healthier Community (HHC) collaborative, formed in 2012 to provide health care partners with a forum to collaboratively identify community needs, assets, resources, and strategies to improve health and health equity for King County residents. Together with Public Health – Seattle & King County, members of the HCC partner to jointly produce the King County CHNA. Providence Swedish’s four hospitals in King County - Swedish First Hill, Cherry Hill, Ballard, and Issaquah - participated in the King County Hospitals for a Healthier Community Collaborative CHNA process. The collaborative King County CHNA report is available in [Appendix 1](#).

The 2024 CHNA was approved by the King County Hospitals for a Healthier Community on January 31, 2024, and made publicly available on February 5, 2024. The 2024 Providence Swedish King County CHNA was approved by the Board of Trustees on July 9, 2024, and will be made publicly available by December 29, 2024.

### Who We Are

<b><i>Our Mission</i></b>	Improve the health and well-being of each person we serve.
<b><i>Our Vision</i></b>	Health for Better World
<b><i>Our Values</i></b>	Compassion, Dignity, Justice, Excellence, Integrity, Safety.

Swedish is the largest nonprofit health care provider in the greater Seattle area with five hospital campuses: First Hill, Cherry Hill, Ballard, Edmonds, and Issaquah, as well as ambulatory care centers in Redmond and Mill Creek, and a network of more than 100 primary care and specialty clinics throughout the greater Puget Sound area. Swedish Edmonds will produce a separate CHNA and CHIP.

Swedish’s innovative care has made it a regional referral center for leading-edge procedures such as robotic-assisted surgery and personalized treatment in cardiovascular care, cancer care, neuroscience, orthopedics, high-risk obstetrics, pediatric specialties, organ transplantation and clinical research.

Swedish is affiliated with Providence, a Washington-based, Catholic not-for-profit organization founded by the Sisters of Providence in 1856. Together, our 122,000 caregivers (all employees) serve in 51 hospitals, 1,000 clinics, and a comprehensive range of health and social services across Alaska, California, Montana, New Mexico, Oregon, Texas, and Washington. As a comprehensive health care organization, Providence is serving more people, advancing best practices, and continuing a more than 100-year tradition of serving the poor and vulnerable. Delivering services across seven states, Providence is committed to touching millions of more lives and enhancing the health of the American West to transform care for the next generation and beyond.

For more information on the resources invested to improve the health and quality of life for the communities we serve, please refer to our Annual Report to our Communities:

<https://www.swedish.org/about/community-health-investment>

## Gathering Community Health Data and Community Input

Data were compiled from local, state, and national sources such as the U.S. Census Bureau, U.S. Centers for Disease Control and Prevention, Washington State Department of Health, Washington State Health Care Authority, and King County. To actively engage the community, HCC conducted 9 listening sessions with 72 participants between July and September 2023, including people who have chronic conditions, are from diverse communities, have low-incomes, and/or are medically underserved.

Reports from surveys and listening sessions gathered from 33 community agencies in 2021-2023 were also reviewed by HHC members and included community needs assessments, strategic plans, and reports on specific health needs (page 141 of full King County CHNA report).

While care was taken to select and gather data that would tell the story of the hospital’s service area, it is important to recognize the limitations and gaps in information that naturally occur. A full accounting of data limitations can be found starting on page 15-16 and 147 of the full CHNA report. For more information related to the CHNA methods and process, please see pages 137-148, Appendices A and B, of the full CHNA document.

Link to the King County CHNA page for an executive summary and key findings:

<https://kingcounty.gov/en/dept/dph/about-king-county/about-public-health/chna>

## Identifying Collaborative Health Priorities

The Collaborative King County CHNA describes emerging and ongoing needs of King County families and communities. The report meets the Affordable Care Act (ACA) and Washington state requirement for nonprofit hospitals to conduct a Community Health Needs Assessment (CHNA) every three years. This is



the fourth CHNA conducted by HHC in collaboration with Public Health – Seattle & King County. HHC members identified the following priority areas (see page 11 of the Collaborative CHNA for details):

- Healthcare Access and Delivery (emphasizing Mental and Behavioral Health for youth and adults)
- Equity and Social Determinants of Health
- Food Insecurity and Access
- Support for Children and Youth

For a list of potential resources available to address the identified needs, see pages 150-152, Appendix D: Community Assets & Resources, of the collaborative King County CHNA report.

## Providence Swedish 2024 Priority Needs

Providence Swedish is focusing our efforts on the two priority areas below to be able to best leverage our resources and expertise. The Health Equity, Justice and Social Responsibility Committee of the Swedish Board of Directors was involved in narrowing down the priorities listed above.

Providence Swedish is committed to addressing two of the four King County HCC CHNA priority areas:

### **Healthcare Access and Delivery (emphasizing Mental and Behavioral Health for youth and adults):**

Needs across King County include more access to behavioral health services for youth and adults, screenings for chronic diseases, maternal health, and health care coverage.

**Equity and Social Determinants of Health (SDOH):** Needs across King County include poverty & economic insecurity, unemployment and underemployment, language barriers, systemic racism, and discrimination.

Providence Swedish will develop a three-year Community Health Improvement Plan (CHIP) to respond to these prioritized needs in collaboration with community partners considering resources and community strengths and capacity. The 2025-2027 CHIP will be approved and made publicly available no later than May 15, 2025.

## Measuring Our Success: Results from the 2021 CHNA and 2022-2024 CHIP

This report evaluates the impact of the Providence Swedish 2022-2024 CHIP. Providence Swedish responded to community needs by making investments of direct funding, time, and resources to internal and external programs dedicated to addressing the previously prioritized needs using evidence-based and leading practices. In addition, we invited written comments on the 2021 CHNA and 2022-2024 CHIP, made widely available to the public through posting on our website and distribution to community partners. No written comments were received on the 2021 CHNA and 2022-2024 CHIP. The priorities of the 2021 Swedish King County CHNA and 2022-2024 CHIP were the following:

- Access to Healthcare
- Behavioral Health (including Mental Health/Substance Use)
- Homelessness/Housing Instability



- Racism & Discrimination

Ballard, Cherry Hill, First Hill, and Issaquah campuses completed a joint 2021 CHNA and 2022-2024 CHIP reports. The four hospitals share a service area, and they share staffing, leadership teams and resources, and all are part of Providence Swedish; therefore, a joint approach to addressing the needs identified in the joint CHNA was most effective and allowed for greatest impact. The strategies included in this Community Health Improvement Plan (CHIP) update below are representative of efforts taken by Ballard, Cherry Hill, First Hill, and Issaquah to address community needs. The hospitals have a shared governance structure and share one Board of Trustees. Below is the summary of results from Ballard, Cherry Hill, First Hill, and Issaquah:

**Table 1. Outcomes from 2022-2024 CHIP**

Priority Need	Program or Service Name	Program or Service Description	Results/Outcomes
<b>Access to Healthcare</b>	Cultural Navigation Program	The cultural navigation program is focused on improving access to care for underserved communities, including those who identify as Black Indigenous and People Of Color (BIPOC), multicultural, multi-lingual, LGBTQIA+, as well as those who are unhoused and/or uninsured. It is a resource dedicated to removing cultural and language barriers to care.	From 2022 thru 2024 (up thru Q2 data) this program served over 11,500 individuals with identified cultural and language barriers; over 4,500 neighbors with SDOH-related unmet needs; provided 300+ blood pressure cuffs for communities in need; provided 4,400+ Covid testing kits; provided insurance support and enrolled close to 500 people for Apple Health coverage and guided individuals for financial assistance; launched a non-emergent transportation program in partnership with Lyft that provided close to 250 rides to specialty and procedure appointments; and coordinated preventative screenings for over 800 individuals.

	Mammography mobile clinic	The mammography mobile clinic offers mammography screening services offered to women in underserved communities who do not have insurance and access to such services. In addition, interpretive services are provided to ensure culturally and linguistically appropriate care.	Between 2022-2024 (thru Q2) over 550 mobile clinics were held in various locations serving over 7,000 women.
	Providence Swedish Proactive Investment funds	Funding for like-minded-organizations whose work focuses on access to care programming.	From 2022-2024 over \$931,000 was donated and invested to support these programs.
<b>Behavioral Health</b>	Postdoctoral Psychology Program	The postdoctoral program provides support for high quality and low barrier behavioral health services integrated into pediatrics and primary care. It serves anyone in the postdoc’s clinic with mental health or substance use/misuse concerns, eliminating cost as one barrier to care. The program also Serves the community at large through outreach projects.	<p>The program included 4 new fellows in 2023-2024 training year. Total free visits in 2022-2024 included:</p> <p>2022-23: 3,595 2023-24: 2,336 (through Q2 2024)</p> <p>Same Day Visits through the program included:</p> <p>2022-23: 462 2023-24 (through Q2 2024): 544</p> <p>Current community engagement efforts include Primary Care, community partnership opportunity review, neuropsychology optimization and program evaluation.</p>
	Proactive Investment funding for Somali Health Board’s (SHB)	The funding supports SHB’s linguistically and culturally appropriate	Many individuals and families face challenges in cultural and language

	<p>Mental and Behavioral Health and Addiction Care Services programs</p> <p>Providence Swedish Proactive Investment funds</p>	<p>mental health and addiction care services, stigma reduction and community wide Mental Health education for over 8,000 Somalis living in King County</p> <p>Funding for like-minded organizations whose work focuses on behavioral/mental health and substance abuse/misuse programming and activation.</p>	<p>barriers that impact their access to resources and advancements daily. Through funding in: 2022: Over 143 families were served 2023: Provided 258 case management sessions, 169 referrals and 500 education workshop attendees 2024: Funding is expected to provide about 120 virtual or in-person appointments for 30 clients throughout the year for its in-house Mental Health Counseling Services, and 120 referrals for its Referral program. In addition, the Youth Mental Health Program is accessed by youth ages 12 to 22 in its monthly mental health peer support group gatherings.</p> <p>From 2022-2024 over \$325,000 was donated and invested to support these programs.</p>
<p><b>Homelessness/ Housing Insecurity</b></p>	<p>Funding Community Roots Housing’s Resident Services Program</p>	<p>Resident Services connects residents with life-affirming resources and provides support with paying rent, finding employment, accessing transportation, and more. Resident Services also hosts workshops to strengthen skills in areas</p>	<p>In 2023 Community Roots completed 1,684 Service Touches and held 570 meetings with residents, a 60% and 54% increase in demand from the same period in 2022. Funding from this award specifically contributed to 18 of</p>

	<p>West Seattle Food Bank’s Emergency Rent and Utility Assistance</p> <p>Providence Swedish Proactive Investment funds</p>	<p>like financial literacy and coordinates the distribution of free back-to-school supplies for student residents.</p> <p>This program responds to families’ requests for rent and utility emergency assistance, as well as move in deposits, 75% identifies as BIPOC.</p> <p>Funding for like-minded organizations whose work focuses on housing and homelessness programs and initiatives.</p>	<p>those Service Touches and 4 resident meetings with 100% of residents requesting assistance receiving assistance.</p> <p>Providence Swedish’s funding support along with other community partners prevented homelessness, eviction, displacement, and utility shut offs. This helped serve:  2022: 1,984 neighbors residing in 824 households  2023: 1,448 neighbors; the contribution was distributed to a household in need of assistance.  2024: Poised to assist 1,000 individuals or 500 households.</p> <p>From 2022-2024 over \$350,000 was donated and invested to support these programs.</p>
<p><b>Racism and Discrimination</b></p>	<p>Funding RAI’s (Refugee Artisan Initiative) “Scrubs for Good” Program</p>	<p>To help address the racial injustice that women refugees and immigrants face, this program provides a career pathway by investing in their training in garment manufacturing.</p>	<p>Scrubs for Good helped elevate the need for immigrant and refugee women to have equal access to healthy working conditions and well-being.</p> <p>36 artisans were actively engaged in RAI’s small-batch manufacturing while earning a living wage. Of these, 10 artisans specifically produced scrubs. In 2023, these 10 received</p>

	<p>Birth Doula Diversity Scholarship Fund</p> <p>Providence Swedish Proactive Investment funds</p>	<p>The goal of this funding investment is to support the entry and development of more doulas of color, those who identify as LGBTQIA+ and doulas from underrepresented groups.</p> <p>Funding for like-minded organizations whose work focus on equity, racism and discrimination programs and initiatives.</p>	<p>two training workshops of 5-6 hours apiece, focused on advanced sewing techniques.</p> <p>This program continues to advance equity and birth justice and serve diverse families and patients.</p> <p>From 2022-2024 over \$8,000 in scholarship funds supported 10 birth doula recipients.</p> <p>From 2022-2024 over \$225,000 were donated and invested to support these programs.</p>
--	--	--	---



## 2024 CHNA GOVERNANCE APPROVAL

This Community Health Needs Assessment was adopted by the Board of Trustees of the hospital on July 9, 2024. The final report was made publicly available by December 29, 2024.

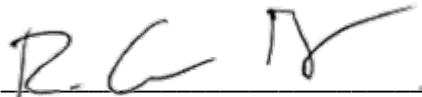


10/11/2024

---

Dr. Elizabeth Wako  
President and Chief Executive Officer, Swedish Health Services

Date

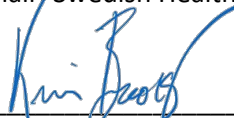


10/11/2024

---

R. Omar Riojas  
Chair, Swedish Health System Board of Trustees

Date



10/11/2024

---

Kevin Brooks  
Providence Swedish North Division Chief Executive

Date

### CHNA/CHIP Contact:

Lauren Platt McDonald  
Chief State Government Affairs and Community Investment Officer, North Division

To request a printed copy free of charge, provide comments, or view electronic copies of current and previous Community Health Needs Assessments, please email [CHI@providence.org](mailto:CHI@providence.org).



## APPENDICES

### Appendix 1. King County Hospitals for a Healthier Community Health Needs Assessment

[King County Community Health Needs Assessment \(CHNA\) - King County, Washington](#)