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#### Medical staff leadership council meeting set for Sept. 18

The next medical staff leadership council (MSLC) meeting is scheduled for Tuesday, Sept. 18, from 6 to 8 p.m., in the Swedish Education and Conference Center at the Cherry Hill Campus.

Included in the agenda is the report of the nominating committee for the chief of staff-elect and MEC positions open for election this fall. Nominations will also be accepted from the floor and all nominees will be given the opportunity to make a brief statement. In addition, a summary of proposed Medical Staff Bylaws amendments will be presented. Balloting will take place in October. All Active members are eligible to vote.

The medical staff will also welcome Washington State Insurance Commissioner Mike Kreidler and Steve Hill, chair of the Puget Sound Health Alliance. The topic of their discussion will be will "Affordable Care Act: Healthcare Reform in Washington State - The Changing Environment for Physicians and Hospitals."

Medical staff members are strongly encouraged to attend this important meeting and participate in this leadership development activity.

#### Medical staff amendments approved

The Board of Trustees has given final approval to several medical staff governance documents. Changes include:

- Adding representative program directors and peer-nominated residents to the graduate medical education committee;
- Correcting errors in the Organization and Functions policy;
- Eliminating requirements for annual reports to the MEC by the laboratory and radiation safety committees
- Changing references of "Chief Executive Officer" to "Chief Executive."

All medical staff governance documents are available on **Swedish Online**.

#### Livingston named vice president of medical affairs at First Hill Campus

Brian Livingston, M.D. will be the new Vice President of Medical Affairs for the First Hill Campus. This will be effective in October. He will be replacing Todd Strumwasser, M.D., who is now the Senior Vice President, Chief Operating Officer for First Hill. Dr. Livingston was the Medical Director for the Emergency Department for First Hill. In his new position, Dr. Livingston will report to Dr. Strumwasser.

Brian Livingston received his undergraduate degree from Harvard University, medical degree from New York Medical College and masters in business administration from the University of Washington. Brian completed his residency in Emergency Medicine at Brown University.

He began working in the Swedish First Hill Emergency Department in 2005 and became medical director of the department in 2009. During his time as medical director, in collaboration with the nurse manager and the entire emergency department staff, the department decreased length of stay by over 20%, increased patient satisfaction scores from below 40<sup>th</sup> percentile to above the 80<sup>th</sup> percentile, decreased patients leaving without being seen, and eliminated ambulance diversion. He has also collaborated with the ICU on the development of a sepsis protocol, which significantly decreased mortality as well as hospital costs.

In addition to his emergency department work, Brian has been involved in the revenue cycle working with the clinical denials team. He recently expanded that work, becoming medical director for care management and chair of the utilization management committee. Along with his work at Swedish, he has been a consultant with x32 Healthcare, which specializes in applying lean principles with a patient centered focus, to improve throughput, quality, and patient satisfaction hospital wide.

We know Dr. Livingston will do a superb job in this role, and are excited that he is joining the Swedish Seattle Leadership Team.

#### **New Research Regulations regarding Conflict of Interest**

Federal regulations regarding Financial Conflict of Interest (FCOI) disclosure have changed and institutions receiving federal funds must be in compliance with the new regulations as of *August 24*, *2012*. The new FCOI policy applies to all researchers under our oversight regardless of institution, funding, or research role. There are new definitions of 'Investigator' including a relationship to institutional responsibilities rather than related to a specific project, and also the requirement to report travel reimbursed by an outside non-federal entity. Additional information can be found at: <a href="http://www.swedish.org/For-Health-Professionals/Research#axzz24DghyFET">http://www.swedish.org/For-Health-Professionals/Research#axzz24DghyFET</a>

#### What's needed NOW?

All Researchers must complete FCOI training prior to applying for or beginning new funding/grants. This is <u>in addition to</u> the required Human Subjects Protection training that all investigators now take. Training takes 30-45 minutes and is valid for 4 years.

#### **Information on how to report conflicts of interest:**

An email will be sent directly to those Investigators identified within our research program with instructions on how to access and complete the new disclosure through an on-line system. <u>Investigators will have 30 days to complete</u>.

After August 24<sup>th</sup> IRB and grant applications that do not have documentation of the required training will be delayed until training is completed.

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#### Hospital Medicine to launch new mortality and morbidity case presentations

"A new iteration of Hospital Medicine Mortality & Morbidity Case Presentations is being launched on Friday, September 28th. This conference series will honor the life and achievements of Dr Alvin J Thompson MD MACP who was a dedicated Physician, community leader and mentor. Please click on the link for a fuller account of Dr Alvin J Thompson's life and legacy.

http://www.legacy.com/obituaries/seattletimes/obituary.aspx?n=alvin-jerome-thompson&pid=157980573&fhid=10154#fbLoggedOut

The new format will encompass the larger family of services that constitute Hospital Medicine such as Critical Care Medicine, Geriatric Medicine, Palliative Care Medicine, and Family Medicine. The frequency has been increased from quarterly to monthly. Hospital Medicine M&M will take 2 breaks each year - July and December. These conferences will be held on the 4th Friday of each month at the Cafeteria Alcove Conference Room B floor (next to the cafeteria) at the FH campus, from 7:30 AM to 8:30 AM. This is an attempt to foster and promote a heuristic culture where continuous learning, team work and collegiality are prized above all. All care providers are welcome to participate in these conferences. For more information please contact James O'Brien in the Med Staff Office or Dr. Sandeep Sachdeva with Swedish Hospital Medicine.

The following is the schedule for Alvin J Thompson MD Morbidity & Mortality Conference Series

#### 2012

September 28th - Swedish Hospital Medicine (SHM) October 26th - Critical Care Medicine (CCM)

November 30th (5th Friday-exception made because of Thanksgiving on November 22nd) - SHM / Fellow

#### 2013

January 25th - Geriatric Medicine February 22nd - SHM / Fellow March 22nd - SHM April 26th - Palliative Care Medicine May 24th - CCM June 28th - PolyClinic Hospital Medicine

#### On Demand Spine CME



The On Demand Spine CME Module provides an ongoing forum for physicians and allied health professionals to enhance their diagnostic, clinical, and treatment skills of patients with Spine Disorders. Participants who view the modules may take a brief online quiz, and upon passing the quiz, may immediately print their CME certificate. Click here to get started. For question, contact Alexis Takasumi via email at alexis.takasumi@swedish.org or call 206-320-3303.

Link: www.swedish.org/OnDemandSpineCME

Link to Brochure: <a href="http://www.swedish.org/OnDemandSpineCMEBrochure">http://www.swedish.org/OnDemandSpineCMEBrochure</a>

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# Thank you to everyone who has helped the Cherry Hill ARU serve more than 250 patients so far this year!

The Acute Rehabilitation Unit at Cherry Hill serves patients who are medically stable, but who still need intensive therapy before leaving the hospital after an inpatient stay for illness, injury or surgery.

Our multidisciplinary team includes specially trained nurses, physiatrists, neuropsychologists, physical therapists, occupational therapists, dietitians, social workers, speech-language pathologists and recreational therapists. The Acute Rehabilitation Unit is geared to help patients regain as much mobility and independence as possible after an injury or illness.

To qualify for an ARU stay the patient must typically have complex medical needs, nursing needs, and therapy needs, tolerate 3 hours of therapy a day, have a community discharge, and an impairment in 2 or more of the following areas:

- mobility and strength
- self-care/ADLs
- communication; or
- cognitive/perceptual functioning

Medicare, Medicaid, and private insurers have specific diagnoses when they consider eligibility for the ARU.

Medicaid	Medicare
<ul> <li>Brain injury caused by trauma or disease</li> <li>Spinal cord injury resulting in quadriplegia or paraplegia</li> <li>Extensive burns</li> <li>Bilateral limb loss</li> <li>Stroke or aneurysm with resulting hemiplegia or cognitive deficits, including speech and swallowing deficits</li> <li>Multiple trauma (after client is cleared to weight bear) with complicated orthopedic conditions and neurological deficits</li> <li>Severe pressure ulcers after skin flap surgery for a client who requires close observation by a surgeon; and is ready to mobilize or be upright in a chair</li> </ul>	<ul> <li>Stroke</li> <li>Spinal cord injury</li> <li>Congenital deformity</li> <li>Amputation</li> <li>Major multiple trauma (orthopedic)</li> <li>Fracture of femur</li> <li>Brain injury</li> <li>Neurological disorders (MS, ALS, GB etc)</li> <li>Burns</li> <li>Active polyarticular RA, psoriatic arthritis, and seronegative arthropathies</li> <li>Systemic vasculidities with joint inflammation</li> <li>Severe or advanced osteoarthritis involving 2 or more weight bearing joints (a replaced joint is no longer considered arthritic)</li> <li>Knee or hip joint replacement if: Patient underwent bilateral joint replacement Patient is obese with BMI &gt;50</li> <li>Patient is 85 or older</li> </ul>

Thank you again for helping us serve your patients. If you have a patient you'd like to refer to the Acute Rehabilitation Unit, just place an order in EPIC for "Acute Rehab Unit Consult", order #ARU0001.

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#### **UPDATES ON PATIENT EDUCATION**

Did you know that there are many different ways to provide high quality, culturally competent, JCAHO-mandated patient education? Here are just a few:

- Krames On Demand: This easy-to-use, patient education resource is accessible from the Patient Education page on the Intranet and includes thousands of patient-friendly HealthSheets<sup>TM</sup>, Medication Sheets and discharge instructions that are available in many languages. We can even upload your own patient education materials so you can easily print them whenever you need them.
- <u>Stellant</u>: Available through EPIC and the <u>Standards page on the Intranet</u>, you can access some patient education forms as well as Swedish Standards.
- <u>Medline Plus</u>: This comprehensive multimodal resource, a service of the U.S. National Library of Medicine and the National Institutes of Health, is now integrated with MyChart and can be accessed at www.medlineplus.com as well.
- ExitCareED<sup>TM</sup>: This patient education database is integrated with EPIC for the Emergency Department and includes over 2,000 English titles that cover Emergency Department needs, plus the Spanish language module, all in full color and with graphics. It also includes the ExitMeds prescription writing module.

Have any questions or need help with patient education? Contact Kaetlin Miller, Health Education Specialist at <u>kaetlin.miller@swedish.org</u>.

#### COMMUNITY HEALTH CLASSES

Every month, the <u>Community Health Education Department</u> hosts free and low-cost community classes on various topics that may be helpful to share with your patients, such as:

<u>Treating Prostate Cancer: Is Less Really More?</u> Thursday, Sept. 13 from 6 to 8 p.m. (Swedish/Cherry Hill)

Patients will learn about the new research on PSA testing and current recommendations.

<u>Cancer Prevention: Back to Basics</u> Tuesday, Sept. 18 from 6 to 7:30 p.m. (Swedish/Mill Creek) From super foods to exercise trends, patients will get the latest information on how to reduce their risk for cancer.

<u>Let's Talk About Stroke: Prevention of Stroke</u> Wednesday, Sept. 19 from 11:30 a.m. to 1 p.m. (Swedish/Cherry Hill)

Whether they are young in years or young at heart, a stroke survivor or merely interested in risk factors, patients can come learn practical tips on how to prevent stroke.

<u>Understanding Gastroesophageal Reflux (GERD)</u> Wednesday, Sept. 26 from 6 to 7:30 p.m. (Swedish/Issaguah)

Patients will learn the causes of heartburn and gastroesophageal reflux disease, and practical steps for personal management and treatment.

<u>Taking Control of Your Brain Health</u> Saturday, Sept. 29 from 10:30 a.m. to 12:30 p.m. (Swedish/Issaquah)

Patients will learn how to prevent or manage memory loss with practical, take home tips.

For questions, to see a full list of classes at all Swedish campuses or to register for a class, your patients can visit <a href="www.swedish.org/classes">www.swedish.org/classes</a>, email <a href="mailto:healtheducation@swedish.org">healtheducation@swedish.org</a> or call (206) 386-2502.

Providers and staff can contact Kaetlin Miller, Health Education Specialist at kaetlin.miller@swedish.org.

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#### **Welcome New Fellows**

22 new Fellows will join Swedish Fellowship Programs for 2012-13. All are members of the Medical Staff in fellowship status unless otherwise indicated.

**Addiction Medicine** 

Abigail Plawman, MD Medical School: University of Washington School of Medicine; Residency: Family Medicine, Swedish Medical Center/Cherry Hill

**Advanced Hospital Medicine** 

Inna Andrews, MD **Medical School:** State Medical and Pharm Univ "N Testemitsanu",

Moldova; **Residency:** Family Medicine, Maine-Dartmouth Family

Medicine

**Medical School:** University of Pennsylvania School of Medicine: Shannon Barkley, MD

**Residency:** Family Medicine, Swedish Medical Center/First Hill

**Colon and Rectal Surgery** (ACGME Accredited)

Kelley Chuang, MD Medical School: Temple University School of Medicine; Residency:

General Surgery, UCSF School of Medicine

da Vinci Robotic Surgery

Mayank Patel MD Medical School: Tufts University School of Medicine; Residency:

Urology, UCLA School of Medicine

**Esophageal and Thoracic** Surgery

Shaun Deen, MD Medical School: University of Alberta Faculty of Medicine and

> Dentistry; Residency: General Surgery, University of British Columbia Faculty of Medicine; Fellowship: Thoracic Surgery, University of

Calgary Faculty of Medicine

Aditya Gupta, MD Medical School: Maulana Azad Medical College, India; Residency:

General Surgery, Providence Hospital, Southfield, MI; Fellowship: Bariatric Surgery/Advanced MIS, Legacy Good Samaritan Weight

Management Institute, Portland, OR

Family Medicine/Advanced **Obstetrics** 

Rory Bradt, DO Medical School: Western University of Health Sciences, Pomona, CA;

**Residency:** Family Medicine, University of Texas Medical Branch

Galveston

Medical School: Uniformed Services University of the Health Sciences; Emily Culliney, MD

**Residency:** David Grant Medical Center, Travis Air Force Base, CA

Amy Drumm, MD Medical School: University of Colorado School of Medicine;

Residency: Family Medicine, Family Practice of Idaho, Boise, ID

**Medical School:** Wayne State University School of Medicine; Michael Kopec, MD **Residency:** University of Michigan Family Medicine Residency

**Medical School:** University of New England College of Osteopathic

Medicine; Residency: Family Medicine, Eastern Maine Medical Center,

Bangor, ME

Family Medicine/Integrative

Abigail Masterman, DO

Medicine

Kevin Kless, MD

Medical School: Boston University School of Medicine; Residency:

Family Medicine, Swedish Medical Center/Cherry Hill

**Geriatrics (ACGME Accredited)** 

Elizabeth Bogel, MD

Emma Swingle, MD

Medical School: Boston University School of Medicine; Residency:

Family Medicine, Swedish Medical Center/First Hill

Medical School: University of Washington School of Medicine;

Residency: Family Medicine, University of Colorado School of

Medicine

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Heart & Vascular

Nestor Mercado, MD Medical School: Pontificia Universidad Javeriana, Columbia; Residency: Internal Medicine, William Beaumont Hospital;

Fellowship: Cardiology, Scripps Clinic; Interventional Cardiology,

University of Missouri Kansas City School of Medicine Medical School: Wayne State University School of Medicine; Salman Azam, MD

Residency: Internal Medicine, Case Western Reserve

University/MetroHealth: **Fellowship:** Cardiology, Case Western Reserve University School of Medicine; Interventional Cardiology,

University of Colorado School of Medicine

Neuroanesthesia

Sonya Mehta, MD

Anesthesia, University of Washington School of Medicine Neurosurgery - Complex and

**Minimally Invasive Spine** 

Fotis Souslian, MD

Bret Ball, MD

Neurosurgery - Skull Base & Cerebrovascular

Noojan Kazemi, MD (Med Ed

Fellow)

PET CT (UW Employed) Leila Bender, MD (MS)

Medical School: Robert Wood Johnson Medical School; Residency: Neurosurgery, University of Minnesota Medical School

**Medical School:** Howard University College of Medicine; **Residency:** 

Medical School: University of Southern California School of Medicine

Residency: Mayo Clinic

Medical School: University of Sydney, Royal North Shore Hospital, Australia; Residency: Neurosurgery, Royal North Shore Hospital, Australia; Fellowship: Neurosurgery Research, Mayo Clinic and University of Melbourne; Neurosurgery-Spine, University of

Washington School of Medicine

Medical School: University of Washington School of Medicine; Residency: Radiology, University of Washington School of Medicine

#### Generous Ballard residents support their local Emergency Department



Longtime Ballard residents Hazel and James Brygger were passionate about their community, and particularly ensuring access to local, high-quality health care. In gratitude for care

received as well as to support others in their community, the Bryggers established a planned gift to support their local hospital – a charitable remainder trust - to ultimately benefit the Swedish/Ballard emergency department. Following Hazel's recent passing, the Swedish/Ballard campus received a generous gift from the trust of more than \$660,000. These types of legacy gifts are inspired by the wonderful care that you, our physicians, provide our patients. Thank you for your partnership.

If you have a patient who would like to learn more about supporting Swedish through a planned gift such as a bequest or trust, or if you personally would like more information, please contact Lindsay Hopkins at the Foundation at lindsay.hopkins@swedish.org / 206.386.2751.

#### Swedish Staff Support SummeRun



On July 22<sup>nd</sup>, more than 3,000 dedicated walkers and runners showed up at the corner of Marion and Minor for the start of the 18th annual SummeRun and Walk **for Ovarian Cancer** – one of the biggest fundraising events for the **Rivkin Center**. Swedish employees were out in full force in support of this event. A special thank you goes to **Dr. Vivek Mehta** who recruited a team of over 80 people for this

year's SummeRun (Team Mehta / SCI Radiation Oncology). He has consistently gathered one of the largest teams over the past several years. Way to go Dr. Mehta!

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#### Welcome new medical staff members

Help welcome practitioners who joined the medical staff in August.

#### To admit a patient to Swedish, call 206-386-6090.

#### At Your Service: The Physician Assistance Program

The Swedish Physician Assistance Program is a confidential, outside resource available to medical staff members and their families at no cost to support members in addressing:

- Family or marital concerns
- Substance abuse
- Work-life balance issues or other problems
- Emotional or behavior issues
- · Compulsive behaviors

The program is always confidential and available 24 hours a day, seven days a week at 800-777-1323. Benefits also include free legal services, childcare and eldercare referrals, identity theft/fraud services and debt management assistance.

Check out the <u>online tools and resources</u>. At the "Work/Life Resources" tab enter the username: "swedish" and the password: "employee" for immediate access. The username and password provide access for all medical staff members, whether or not employed by Swedish.

#### **CME** spotlight

#### 9th Biennial Ovarian Cancer Research Symposium

Jointly Sponsored by The Marsha Rivkin Center and Swedish Medical Center September 6-7

#### Physician Well-Being: Who Do You Want to Be?

September 7

#### **Intensive Update in Neurology**

September 13-14

#### Pacific Northwest Urology Robotics Symposium

September 14-15

### 16th Annual Pain Management Symposium: The "Rocky Horror" Pain Show

September 28

### Update on Liver Disease and Liver Transplant: Risk. Intervention. Recovery.

October 12

#### **Update on Kidney Transplant**

October 19

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## 10th Annual West Coast Colorectal Cancer Symposium October 26

## The Transradial Approach: A Case-based and Hands-on Training Course November 2

## Advances in Neuromodulation 2012: State of the Art and Emerging Indications November 9

#### Orthopedics Symposium for the Primary-Care Physician

November 9

## **26th Annual Roland D. Pinkham, M.D. Basic Science Lectureship** November 16

For the most up-to-date information, visit: <a href="https://www.swedish.org/CME">www.swedish.org/CME</a>

#### Standards News

<u>Click here</u> for a summary of Clinical Standards recently adopted or amended and links to each Standard.

Standards are published as soon as possible after final adoption. All Swedish Standards are accessible at <a href="http://standards.swedish.org">http://standards.swedish.org</a> or by going to the Swedish intranet page and clicking on "Standards."



Swedish Home Page: <a href="http://www.swedish.org">http://www.swedish.org</a>

Physician Profile Log In: <a href="http://www.swedish.org/physicians">http://www.swedish.org/physicians</a>

Swedish for Medical Professionals: <a href="http://www.swedish.org/body.cfm?id=1355">http://www.swedish.org/body.cfm?id=1355</a>

Current CME Listings: <a href="http://www.swedish.org/cme">http://www.swedish.org/cme</a>
Swedish Foundation: <a href="http://www.swedish.org/foundation">http://www.swedish.org/foundation</a>

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