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**Medical Staff Leadership Council to meet March 19**

MSLC meetings are held quarterly from 6 to 8 p.m. in the Swedish Education and Conference Center at the Cherry Hill campus. The next meeting will be held Tuesday, March 19. All medical staff members are welcome to attend. Dinner is available at 5:45 p.m.

Members may submit topics for the agenda by contacting [Clark Coler, M.D.](#), chief of staff.

**Many medical staff-member resources available on Swedish Online**

The Medical Staff Services department provides an online source for resources ranging from the medical staff bylaws and policies to information about the physician assistance program. The site also includes orientation information for new physicians or veterans wanting to reacquaint themselves with some medical staff basics. [Visit the department's page on Swedish Online](#) today.

Please note: These links are only accessible on the Swedish network or by logging in remotely. If you are unable to login, please contact the IS Help Desk at 206-386-6115.

**Medical Executive Committee directory published**

The [2013 Medical Executive Committee directory](#) has been published on Swedish Online and includes contact information for all members.

## Keep practice information up-to-date

The staff of Swedish Medical Center depends on the accuracy of information in the [Medical Staff On-Line Roster](#). Each member is encouraged to review their roster information and contact the Medical Staff Services Department with any updates by phoning 206-386-2550 or emailing [SwedishMedicalStaffServices@swedish.org](mailto:SwedishMedicalStaffServices@swedish.org).

## Culture of Safety classes offered

Practitioners who have not already completed the culture of safety requirement for medical staff reappointment, should select from the upcoming class schedule and pre-register on [Swedish Online](#).

### Issaquah:

- Tuesday, April 16
- Tuesday, July 16
- Tuesday, Oct. 15

*Issaquah classes are held from 1 to 4 p.m. in the Leadership and Knowledge Conference Rooms.*



### First Hill:

- First Wednesday of every month

*Classes are held from 9 a.m. to noon in the Glaser Auditorium, followed by "It Happens Here" from noon to 1 p.m.*

### Ballard:

- Wednesday, May 22
- Thursday, Aug. 15

*Ballard classes are held from 2 to 5 p.m. in Conference Room A.*

## Caution urged when dealing with different release formulations of medications

A recent pharmacy department bulletin details the importance of carefully discerning differences between release rates of many medications. Using a serious safety event involving medications commonly used to treat hypertension, the article demonstrates how a mix-up between slow- and immediate-release medications can lead to serious unintended consequences.

After reading ["Medication Errors Involving SLOW-RELEASE \(e.g., SR, XR, XL, ER, CD, CR\) and IMMEDIATE RELEASE \(IR\) Formulations."](#) practitioners are encouraged to review how to apply error preventions tools, especially:

- Self-checking using STAR (Stop, Think, Act, Review)
- iSBAR (introduce yourself, Situation, Background, Assessment, Recommendation)
- Cross-checking or monitoring/ARCC (Ask a question, make a Request, voice a Concern, use Chain of command – call 3000 and ask for a '3x3 Chain of Command')

## Grateful patient supports new thoracic surgery lectureship



Don Loeb was grateful for the care he had received at Swedish. Last summer, he contacted the Swedish Foundation and made three gifts in support of the clinicians who had impressed him. He gave to nursing education, infectious disease research, and the thoracic surgery fellowship.

But it was this last area, thoracic surgery, where he was most passionate. He asked to learn more about the vision and wishes of the surgeons who had cared for him.

The Foundation team met with Drs. Eric Vallieres and Alex Farivar and discussed a long-held hope they had to create a visiting professorship. After sharing this dream with Mr. Loeb and submitting a proposal, the Loeb Family Charitable Foundation awarded the Swedish Foundation a grant of \$24,000 to establish an annual lecture.

The first Loeb Distinguished Visiting Professorship in Thoracic Surgery will be held on Thursday, May 16, at the Sorrento Hotel. Dr. F. Griffith Pearson from the University of Toronto, considered one of the fathers of modern thoracic surgery, will be the inaugural speaker.

Grateful patients like Mr. Loeb are making a difference throughout many areas of Swedish. To connect the Foundation to a grateful patient, please call 386-2738.

## Community health classes offered

Every month, Swedish hosts free and low-cost community classes on various topics that may be helpful to share with patients, such as:

### **New Moms Support Group**

Mondays, March 11-May 6 from 12:30-2 p.m. (Swedish/First Hill)

These eight week groups are for new mothers and their babies. Mothers bring questions, concerns and parenting experiences to this group facilitated by an experienced social worker and parent educator. Fee: \$80/8-week series.

### **Grandparents – 3 months and beyond**

Saturday, March 16 from 3 to 5 p.m. (Swedish/First Hill)

Delving further into issues covered in our Grandparents Class, this class will offer tools, tips and guidance for patients on play time with their grandchild, keeping them safe and supporting their adult children as they begin on the journey that is parenthood. Fee: \$45/couple.

### **Baby Needs a Doctor**

Tuesday, March 19 from 6:30 to 7:30 p.m. (Swedish/Ballard)

At this one hour event, patients will be introduced to Swedish physicians who will answer questions, share their philosophy of care, and provide tips on taking care of newborns. Free.

To see a full list of classes or to register for a class, patients should visit [www.swedish.org/classes](http://www.swedish.org/classes), email [healtheducation@swedish.org](mailto:healtheducation@swedish.org), or call 206-386-2502. Providers and staff may contact [Kaetlin Miller](#), health education specialist.

## Welcome new medical staff members

Help welcome practitioners who joined the medical staff in [February](#).

**To admit a patient to Swedish, call 206-386-6090.**

## Kudos



**Lora Plaskon, M.D.**, appeared in the January edition of *Urology Times* magazine discussing the development of Athena Urology & Urogynecology, a women's-only urology practice. The article also covers the evolution of urogynecology and gender-based care for women's pelvic health conditions, and single-gender practice as a business model. To read the interview online, look for "[Mission of all-female practice: Give women a choice in care.](#)" on page 1.

## At Your Service: The Physician Assistance Program

The Swedish Physician Assistance Program is a confidential, outside resource available to medical staff members and their families at no cost to support members in addressing:

- Family or marital concerns
- Substance abuse
- Work-life balance issues or other problems
- Emotional or behavior issues
- Compulsive behaviors

The program is always confidential and available 24 hours a day, seven days a week at 800-777-1323. Benefits also include free legal services, childcare and eldercare referrals, identity theft/fraud services and debt management assistance.

Check out the [online tools and resources](#). At the "Work/Life Resources" tab enter the username: "swedish" and the password: "employee" for immediate access. . The username and password provide access for all medical staff members, whether or not employed by Swedish.

## CME spotlight

*Upcoming CME Conferences*

[Clinical Research Investigator Training](#)

March 15

[High-Risk Obstetrics: Tools for the Family Physician](#)

March 22

[Multimodal Treatment of Spinal Tumors, 2013](#)

March 29

*(CME continued on p. 5)*

(CME continued from p. 4)

[Third Annual Pacific Northwest Head and Neck Cancer Symposium: Update on Head and Neck Skin Cancers](#)

April 19

[Annual Oncology Symposium – Women and Cancer: Why Sex Matters](#)

May 3

[Seventh Annual Cerebrovascular Symposium](#)

May 9-10

**Sixth Annual Iris and Ted Wagner Endowed Lectureship**

May 22

**Fifth Annual Acute Care Neurology and Neurosurgery**

May 31

**Adolescent Health and Pediatric Obesity (R3 Talks)**

June 7

**Pacific Northwest Epilepsy Symposium, 2013**

June 14

*CME Series*

[Cancer Conference Series](#)

12 sub-series | First Hill, Cherry Hill, Ballard, Issaquah and Highline

[Combined Campus Cardiovascular Conference Series](#)

2nd and 3rd Thursdays | Cherry Hill

[Grand Rounds](#)

2nd Thursdays | First Hill, Ballard and Issaquah

[Medical Ethics Conference Series for Health-care Providers](#)

4th Wednesdays | First Hill

[Swedish Neuroscience Institute Grand Rounds](#)

1st & 3rd Thursdays | Cherry Hill

For the most up-to-date information, visit: [www.swedish.org/CME](http://www.swedish.org/CME)

## **Standards News**

[Click here](#) for a summary of Clinical Standards recently adopted or amended and links to each Standard.

Standards are published as soon as possible after final adoption. All Swedish Standards are accessible at <http://standards.swedish.org> or by going to the Swedish intranet page and clicking on “Standards.”



## SWEDISH MEDICAL CENTER

**Swedish Home Page:** <http://www.swedish.org>

**Physician Profile Log In:** <http://www.swedish.org/physicians>

**Swedish for Medical Professionals:** <http://www.swedish.org/body.cfm?id=1355>

**Current CME Listings :** <http://www.swedish.org/cme>

**Swedish Foundation:** <http://www.swedish.org/foundation>

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