



Sandy Powanda, PT, MSPT, OCS

Physical Therapist Issaguah Rehabilitation Services

Professional Education

- Master of Science, Physical Therapy, Touro College, 2000
- Bachelor of Science, Health Sciences, Touro College, 2000
- Bachelor of Science, Microbiology, University of Washington, 1996

Advanced Certification

 OCS (Orthopedic Clinical Specialist)
American Board of Physical Therapy Specialties, 2012

Specialty Areas/Primary Focus:

- Adolescent and adult sports and orthopedic therapy
- Post-surgical rehabilitation
- Spine
- Manual therapy
- Balance/fall prevention
- Vestibular rehabilitation
- Musculoskeletal dysfunction

At Swedish since 2011





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