# Grief Support Resources

**Bridges: A Center for Grieving Children** (253) 272-8266
310 North K Street, Tacoma, WA 98403

Group and individual support for families with children 4-18 who have experienced the serious illness or death of a relative or friend.

**Evergreen Healthcare** (425) 899-3200
12040 NE 128TH St, #B1-140, Kirkland, WA 98034-3013

Provides individual and group counseling for those who have experienced a loss, and offers support for schools, corporations, faith communities, and the community at large.

**Franciscan Hospice** (253) 534-7000
2901 Bridgeport Way W, University Place, WA 98466

Offers grief support groups and short-term individual counseling in Tacoma and Federal Way.

**Gilda's Club** (206) 709-1400 1400 Broadway, Seattle, WA 98122
Offers support, networking groups, lectures, and social activities to people impacted by cancer–patients, friends, and family of all ages.

**Good Samaritan/ Multicare Hospital** (253) 697-1781
407 14TH Ave SE, Puyallup, WA 98372

Offers support groups throughout the year for anyone in the community whose loved one has died.

**Group Health Home Health & Hospice** (206) 326-4549
Offers closed and drop in grief support groups throughout the Puget Sound area. There is no charge and participants do not need to be Group Health members.

**The Healing Center** (206) 523-1206
**6409 1/2 Roosevelt Way NE; Seattle, WA 98115**

**Provides counseling and group support to children, adults, and families who are dealing with the grief associated with the death of a family member or friend. Specializes in spousal loss.**

**Highline Community Hospital** (206) 439-9095
2801 S 128th St, Tukwila, WA 98168

Offers full-range of in-home health care and hospice services, support groups and short-term individual counseling.

**Multicare Good Samaritan Hospice** (253) 301-6400
P. O. Box 5299, Tacoma, WA 98414-9915 (253) 403-1805

Offers quarterly 8-week support groups for adults who have experienced the loss of a loved one. Groups offered in Tacoma and Puyallup.

**Multifaith Works, Seattle Shanti** (206) 324-1520

115-16th Ave, Seattle, WA 98122

Serves individuals with life-threatening illnesses; and serves partners, family members, friends, caregivers, or anyone grieving the loss of a loved one.

**Overlake Hospital Medical Center** (425) 688-5000
1035 116TH Ave NE, Bellevue, WA 98004

Support groups are available for anyone experiencing grief over the death of a family member or loved one due to cancer.

**Providence Hospice of Seattle** (206) 320-4000
425 Pontius Ave N, Suite 300, Seattle, WA 98199

Offers individual and group support to adults, children, and teens who have experienced the loss of a loved one within the last 15 months (see inside of first page for details).

**Providence Hospice of Snohomish County** (425) 261-4807

2731 Wetmore Ave, Everett, WA 98201

Offers individual and group support to children and adults who have experienced the death of a loved one. Provides information and referral.

**Separation and Loss Services** (206) 223-6398
Virginia Mason Medical Center

Support to adults and children whose loved one has died as the result of a sudden, violent death by homicide, suicide, or other traumatic death.

**Swedish /Edmonds Hospital** (425) 640-4404
21601 76TH Ave W, Edmonds, WA 98020

Offers bereavement services which include classes and a variety of support groups, to include a group for survivors of suicide.

**Swedish/Seattle and Swedish/Ballard Hospitals** (206) 386-2082
Contact Spiritual Care

**Tacoma General Hospital** (253) 403-4515
"With Empty Arms" (for pregnancy loss & infant death before leaving the hospital)

**UW Medical Center/ Northwest Hospital** (206) 368-1805
1550 N 115TH St, Seattle, WA 98133-9733

Limited individual support on a short term basis– priority given to clients whose loved one died at NW Hospital.

**Widowed Information & Consultation Service**

P.O. Box 66896, Seattle, WA 98166 (206) 241-5650

Ongoing support for individuals after the loss of a spouse or partner. Provides information, social events, and workshops in multiple locations.

# Loss of Child Resources

**Children's Hospital Journey Program** (206) 987-2062
4800 Sand Point Way NE, Seattle, WA 98105

Provides case management, counseling and community referrals. Offers support groups, family support and anticipatory grief support.

**Providence Hospice of Seattle** (206) 749-7704
Offers individual and group support to parents who have experienced the loss of a child, regardless of age.

**P.S. My Baby Died** (206) 367-3991
Parent facilitated support group for loss of child from stillbirth, miscarriage, or SIDS.

**The Compassionate Friends (TCF)** (206) 241-1139
PO Box 66896, Seattle, WA 98166-0896

Offers a newsletter, support group meetings, phone contacts, a library, and sibling support to families who have experienced the death one or more child (any age and any cause). Multiple chapters/ locations.

# Suicide Loss Survivors

American Association of Suicidology
Directory of "Survivors of Suicide" support groups
http://www.suicidology-support-group-directory

# Crisis Resource

**Crisis Clinic Community Information Line** (206) 461-3200
**24-hour Crisis Line:** (206) 461-3222
1515 Dexter Ave N, Ste 300, Seattle, WA 98109

Serves as the primary telephone access point for all persons in King County in emotional crisis. Trained volunteer phone workers provide emotional support and referrals. Provide support group for survivors of suicide.