



Matt Schlough, MD

Swedish Family Medicine – First Hill

Medical School:

University of Michigan School of Medicine

Clinical Interest:

Geriatrics, mental health, pediatrics, sports medicine, immigrant health

My Philosophy of Care:

Matt believes in the importance of time spent with patients, listening, and establishing trust to help empower patients to make well informed decisions about their health, both short and long term. A patient's care should be viewed in the context of their own goals and beliefs and their physician should be a partner they can turn to.

Personal Interest:

Originally from Ohio, Matt has spent time in many regions of the United States and West Africa, working previously in the financial world and in the Peace Corps before medicine. He enjoys backpacking, camping, running, triathlons, ultimate frisbee, and international travel.