

Ilex Instructions

How do I apply Ilex to my child's skin?

- 1) Apply a **thick** layer of Ilex cream over the area of skin breakdown or irritation. Apply it to the entire peri-anal (around the anus) region to prevent skin irritation after ostomy closure surgery.
- 2) Cover the Ilex layer with a layer of Vaseline. This is to stop the skin from sticking to the diaper
- 3) Remove the Vaseline layer only with each diaper change.
- 4) Remove the Ilex if it is coming off and repeat steps 1 and 2. It can be removed using mineral oil or soaking in a tub
- 5) Remove the Ilex every 24 hours by using mineral oil or soaking in a tub.
- 6) If your child has any prescribed creams like Nystatin or other medicine, then apply that cream first and then cover with Ilex and Vaseline.
- 7) Protect any surrounding area with a strong barrier cream like triple Care or Desitin.

Please call the pediatric surgery office at 206-215-2700 if you have any questions.



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