



**Swedish Otolaryngology Specialists
600 Broadway, Suite 200
Seattle, WA 98122**

P: 206-215-1770 F: 206-215-1771

Dr. Karen Linnea Peterson, Dr. Christopher Yang, Dr. Gabriela Sanchez,
Dr. Vincent Chan, Dr. Angie Song, Joanne Fenn, SLP;
Kristiina Huckabay, AuD; Brenna Carroll, AuD; Chantel Hazlewood, AuD

REMINDERS PRIOR TO YOUR ALLERGY TESTING APPOINTMENT:

- **Do not take any antihistamines 5 days prior to your appointment.**
(i.e. Benadryl, Claritin, Zyrtec, Allegra, sleeping pills or OTC sleep aid.)

Nasal steroid or allergy sprays are OK.
- **Do not take Hydroxyzine, an anxiolytic and antihistamine, 5 days prior to your appointment.**
- **Do not take any beta-blocker medications 3 days prior to your appointment.**
Consult with your physician prior to stopping these medications.
See 2nd page for list of medications.
- **If you have asthma, bring your inhaler with you to your appointment.**
- **If you are pregnant or believe you may be pregnant, let us know so we may reschedule your appointment.**
- **Wear or bring a short-sleeve shirt to your appointment, testing is done on your forearm and upper arm.**
- Plan to be in our clinic for approximately 60 minutes.
- Your appointment is on _____ at ____:____ with
 - Edward Manora, MA
 - Mahalynne Marcelo, MA
 - Julie Cowin, RN
 - Abbie Kuver, RN

BETA BLOCKERS

ACEBUTOLOL
ATENOLOL
ATENOLOL/CHLORTHALIDONE
BETAGAN
BETAPACE
BETAPACE AF
BETAXOLOL
BISOPROLOL
BISOPROLOL/FUMURATE
BISOPROLOL/HTZ
BLOCADREN
BREVIBLOC
BYSTOLIC
CARTEOLOL
CARTROL
CARVEDILOL
COREG
CORGARD
CORZIDE
ESMOLOL
INDERAL
INDERAL LA
INDERIDE
INDERIDE LA
INNOPRAN LX
KERLONE
LABETALOL
LEVATOL
LEVOBETAXOLOL
LEVOBUNOLOL
LOPRESSOR
LOPRESSOR HCT
LOPRESSOR/HTZ
METAPRANOLOL
METOPROLOL
METOPROLOL/HTZ
METOPROLOL TATRATE/HTZ
NADOLOL
NADOLOL/BENDROFLUMETHIAZIDE
NEBIVOLOL
NEBIVOLOL HCL
NEBIVOLOL HYDROCHLORIDE
NEOMODYNE
PENBUTOLOL
PINDOLOL
PROPRANOLOL
PROPANOLOL HCL
PROPANOLOL HYDROCHLORIDE
PROPANOLOL/HTZ
SECTRAL
SORINE
SOTALOL
SOTALOL HCL
TENORETIC
TENORMIN
TENORMIN IV
TIMOLIDE
TIMOLOL
TIMOLOL MALEATE/HTZ
TIMOLOL/HTZ
TOPROL
TOPROL XL
TRANDATE
TRANDATE HCL
VISKEN
ZEBETA
ZIAC