

Post Procedure Instructions: Laryngeal Botox Injection

You have just undergone an injection into your laryngeal muscles (voice box) with Botox. Botox acts to weaken muscles by blocking transmission of the nerve signal to the muscle(s). The initial effects of Botox will usually take place within 2-7 days. You will notice changes in your voice as the Botox works. Your voice will become weaker and the other muscles in your throat will adjust to the weakness of the injected muscles. The effects of Botox typically last from 3-6 months, after which time, re-injection is usually necessary, depending on the problem being treated.

Your nose, throat and neck will be numbed up prior to the injection to allow for more comfort during the procedure. You can expect the numbness of your nose and throat from the spray to wear off in about 15-30 minutes, and the neck numbness to begin to wear off in about an hour. You should be careful when eating and drinking anything until the numbness wears off.

Once the Botox injection begins to take effect, you may notice that your voice becomes weaker and more breathy. You may experience some difficulty swallowing, usually coughing when drinking and eating. You may also notice some brief, flu-like symptoms (this is rare). All of these symptoms are temporary. Your voice should stabilize with a few weeks to a month. The length of time that the initial weakness lasts will vary, and are factored in to your dose for future injections. The dose may be adjusted, based on your initial response, side effects, and the length of time your voice remains improved. You will be asked to complete and voice and swallowing diary following your injections. This information will also help to plan for future injections.

If you have any questions or problems, please contact our office at 206-215-1770.



Swedish Otolaryngology Specialists

600 Broadway, Suite 200

Seattle, WA 98122

T: 206-215-1770

T: 206-215-1771