

# Swedish Employee Health & Wellness Clinic

## Frequently Asked Questions

### **Where is the clinic located?**

Swedish Employee Health & Wellness Clinic (SEHWC) is located on the Swedish First Hill Campus in the Nordstrom Tower at: 1229 Madison Street, Suite 1220. To reach the clinic, go across the sky bridge from First Hill Campus, turn right and go to the end of the hall; you will then be on the 3<sup>rd</sup> floor of the Nordstrom Tower. Take the elevators to the 12<sup>th</sup> floor; the clinic is the second door down the hall to the right when you step off the elevators.

### **What are the clinic hours?**

The clinic is open Monday-Friday from 7:30 a. m. - 4 p.m.

### **What about those who work after-hours and on weekends?**

The clinic is not open after-hours or on weekends. Employees who do work after-hours or weekends are more than welcome to use the clinic during normal business hours.

### **What medical services are available? What can I be seen for?**

SEHWC offers an opportunity for employees to receive same-day services for common ailments such as on the job injuries, sore throat, flu/cold symptoms and other respiratory problems, skin concerns, cuts and sprains, urinary problems, blood pressure checks, and much more.

The clinic is co-located with what previously has been known as Employee Health at First Hill, which was located on 2 East in the hospital. All the services offered by Employee Health in the past are still offered, but in this new location. These services include:

- Bloodborne pathogen exposure treatment and follow-up
- First aid for on-the-job injuries with appropriate referral and follow-up

- Investigation and follow-up for communicable disease exposures in coordination with the Epidemiology Department for identified on-the-job exposures to communicable diseases, i. e. tuberculosis, chickenpox, pertussis, measles, meningitis, scabies, lice, hepatitis etc.
- Referrals to Employee Assistance Program (EAP), a full-service behavioral health company that Swedish contracts with for confidential emotional counseling and treatment for behavioral, psychological, alcohol and drug-related problems
- Documentation of employee health records; copies available upon request.
- Free vaccinations – see below
- Influenza Vaccine (Autumn thru Spring) - free to all employees, volunteers, and medical staff

### **What vaccinations are available?**

In addition to the seasonal flu vaccine, SEHWC offers the following vaccinations:

- MMR
- Varicella (chicken pox)
- Shingles
- Pneumovax
- Hepatitis A
- Hepatitis B
- Tdap
- Tetanus

### **Who can use this clinic?**

The clinic is open to all employees of Swedish Health Services-this includes both SMG and SMC employees at all campuses.

### **Can my spouse/children use the clinic?**

This clinic is only for employees. Swedish encourages the families of employees to visit any of the 21 Swedish primary care clinics located in the greater Seattle area.

### **Who provides the care?**

SEHWC is staffed by Advanced Registered Nurse Practitioners (ARNPs).

### **Can the ARNP do everything a doctor can do? Can ARNP write prescriptions or renew existing prescriptions?**

In Washington state, ARNPs are fully licensed to independently practice medicine. At Swedish, all ARNPs have a practice agreement in place with a physician on medical staff; the SEHWC will have a physician serving as the Medical Director to oversee care there.

ARNPs can refill prescriptions, write new prescriptions, and order any tests. ARNPs are fully trained to and equipped to work in many health care settings, including urgent care/walk-in clinics, and to provide thorough, comprehensive services.

### **How much does it cost?**

There is no cost to employees for care at the SEHWC, however there may be costs involved if care beyond a simple visit is needed. For example, the employee/employee's health insurance will need to cover costs for outside lab work, imaging, etc. if it is needed. Swedish suggests contacting your insurance provider for more detailed cost information.

### **Do I need an appointment? Can I walk-in?**

SEHWC welcomes walk-in visits. An appointment is not necessary. However, you are welcome to call ahead to schedule an appointment if that works best for your schedule. The phone number is 206-386-6048.

### **Do I need a referral from a primary care physician to use this clinic?**

#### **Does it need to be a Swedish doctor?**

No, the SEHWC is an alternative to visiting your primary care provider (PCP) or the emergency room for common ailments. The clinic is not meant to take the place of your PCP. If you do not already have an

established PCP, the staff at SEHWC can help you get a PCP referral if you wish.

### **What happens if I need care beyond what's offered at the clinic?**

If further care is needed, the ARNP will refer you to your PCP or a specialist. For true emergencies, you will be escorted to the ED.

### **How often can I use the clinic?**

Employees can use the clinic as often as they need.

### **Does the clinic offer MyChart? Who sees my records?**

Yes, MyChart is available to any patient whose records are on EPIC. Swedish policy permits the use of Epic for business purposes only. This means the clinic staff will be the only people allowed to view an employee's records. If you receive care from another physician at Swedish, your records from our clinic will be accessible to that physician.

### **Is there a long-term commitment?**

#### **Do I need to use this prior to going to my primary-care provider?**

No long-term commitment is needed. The clinic should be used on an as-needed basis. Employees do not need to see their primary care provider before visiting SEHWC.

### **What insurance plan do you accept?**

#### **What if I don't have First Choice?**

No insurance is needed for standard appointments; if you are a Swedish employee, care and services at the clinic are free. If further testing, such as laboratory or radiology services, is needed, your insurance will be billed. Swedish accepts a majority of insurance plans.



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