

## **Vasectomy Quick Facts**

- Safe and permanent male birth control
- Prevents sperm from leaving the testicles
- 99.9% effective in preventing pregnancies
- Minimally invasive in-office procedure done here in clinic
- No scalpel technique gives fast recovery
- Back to work in 2 days, sports in 1 week
- No more surgeries or procedures for the woman in your life
- No change in sex life
- Does not affect male hormones or change erections
- Inexpensive, covered by most insurance

A vasectomy may be right for you if you:

- Do not want any more children
- Want permanent birth control
- Have talked with your partner
- Are not going to change your mind

### **Swedish Family Medicine Cherry Hill**

**Tel: (206) 320-2484**

**550 16th ave, suite 100**

**Seattle, WA 98122**

**[www.swedish.org/cherryhillclinic](http://www.swedish.org/cherryhillclinic)**

***Done Having Children?***

***Want Safe, Effective & permanent Birth Control?***

**Think about a Vasectomy!**

**Permanent male birth control**

***Learn more about the quick recovery no-scalpel technique here at Swedish Family Medicine Cherry Hill!***



### **Swedish Family Medicine Cherry Hill**

**Tel: (206) 320-2484**

**550 16th ave, suite 100**

**Seattle, WA 98122**

**[www.swedish.org/cherryhillclinic](http://www.swedish.org/cherryhillclinic)**

# Think about a vasectomy when you are done having children

## Frequently Asked Questions

### How does a vasectomy prevent pregnancy?

A vasectomy interrupts the path of sperm between the testicles and the penis (see picture). Sperm are still produced and the testicle keeps working normally.

### Does it work right away?

No. After a vasectomy, a man can still get a woman pregnant for several weeks. A semen test in 8-12 weeks after vasectomy is needed to confirm there are no sperm before stopping other forms of birth control.

### Is vasectomy painful?

Vasectomies are done in the office with a local anesthetic. Pain is controlled with ice & ibuprofen.

### When can I return to work and exercise?

Most men return to work after 2-3 days and are fully recovered in a week or two.

### Will it change my sex life?

No. Because the testicle is not affected, your sex drive is unchanged. Sperm is about 5% of the amount of fluid ejaculated, so most men do not notice a difference in the amount of ejaculate they produce.

### Is it reversible?

Technically yes, but a vasectomy should be considered permanent. The reversal operation is difficult, ~50% successful, expensive and not covered by insurance.

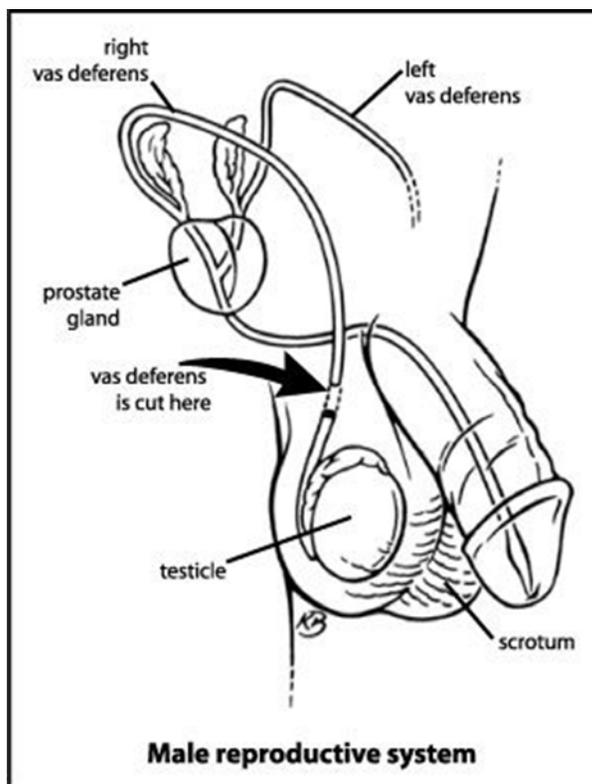
### Is vasectomy anything like castration?

No. *Castration* is removing the testicles. Vasectomy does not touch the testicles and does not reduce or change the production of male sex hormones.

### Is vasectomy 100% effective?

No form of contraception is 100% effective but vasectomy is close. The success rate is 99.9%. It is important to do the follow up sperm test around 8-12 weeks.

**A vasectomy cuts part of the vas deferens, the tube that carries the sperm from the testicle to the penis**



We are happy to do vasectomies for patients that do not go to our clinic.

Make a vasectomy consult visit by calling 206-320-2484. We will answer questions and schedule you for the procedure.

### How much does a vasectomy cost?

It is usually covered by insurance at little cost or no cost to you.

### What if I don't have insurance?

Our clinic charges \$300 on the day of surgery, which includes a \$50 consult fee. An IUD is about \$500 and a tubal ligation is over \$2000.

See a primary care doctor at the Swedish Family Medicine Cherry Hill clinic for any questions about a vasectomy.

### Don't want more children but not sure?

Effective and reversible long term birth control for the woman in your life:

- Intrauterine device (Mirena or Paragard)
- Implantable 3 yr birth control (Implanon)

### What about a tubal ligation (tubes tied or female sterilization operation)?

- Although a very effective and permanent form of birth control, it is a more invasive & expensive surgery with a longer recovery than a vasectomy.
- Many men choose to have a vasectomy for these reasons.