

CardioVascular Wellness Services

Partnering with you to promote your patient's health

Patient name: _____ Date: _____

Patient phone number: _____ Date of birth: _____

Insurance: _____

Cardiac Rehabilitation Referral

Eligible Diagnoses

(Check all that apply)

_____ Stable Angina/CAD

_____ MI

_____ S/P PTCA/STENT

_____ S/P CABG

_____ S/P Valve Surgery

_____ Other medical conditions:

Date of Onset

Exercise Consultation

_____ One-time evaluation, retail

- An assessment of current level of physical fitness with an exercise physiologist
- Instruction on development of safe exercise practices
- A personal exercise plan

Physician's name *(please print)*: _____

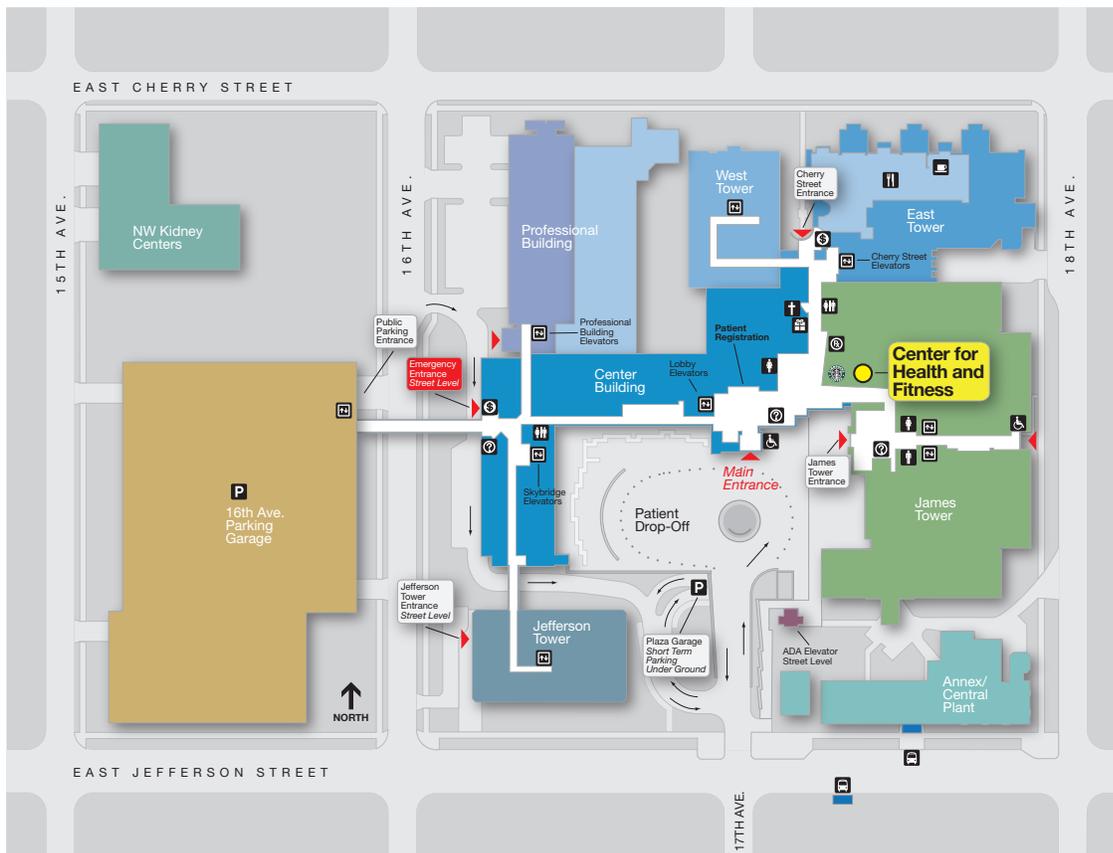
Physician's phone: _____ Physician's fax: _____

Comments: _____

Thank you for this referral. Please encourage your patient to contact us to schedule an appointment.

To fax this referral: **206-320-3343**

See map on reverse.



Directions to Center for Health and Fitness at Swedish Medical Center:

Monday-Friday 7:30 a.m.-5 p.m.

From the North, traveling south on I-5:

- Take I-5 southbound to the James Street Exit (No. 165A)
- Turn left (east) onto James (Note: James will become Cherry Street)
- Travel east on Cherry five blocks to the intersection of Cherry and 16th Avenue
- Turn right (south) onto 16th Avenue
- Turn right into the entrance of the parking garage
- The Center for Health and Fitness is in the James Tower, next to Starbucks

From the South, traveling North on I-5:

- Take I-5 northbound to the James Street Exit (No. 164A)
- Stay in the right lane and turn right (east) onto James (Note: James will become Cherry Street)
- Travel east on Cherry five blocks to the intersection of Cherry and 16th Avenue
- Turn right (south) onto 16th Avenue
- Turn right into the entrance of the parking garage
- The Center for Health and Fitness is in the James Tower, next to Starbucks

For more information, call **206-320-3320** or visit **www.swedish.org/cvwellness**



**CENTER FOR HEALTH AND FITNESS
CARDIOVASCULAR WELLNESS SERVICES**

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