



# medical staff news

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## **Board gives final approval to documentation guidelines update**

A Rules and Regulations amendment adding language describing the types of procedures requiring informed consent was given final approval by the Board last month. The amendment adds a paragraph to the medical staff informed consent policy identifying procedures that involve a puncture or incision of skin or the insertion of an instrument or foreign material into the body as requiring informed consent. The language is already included in the hospital’s policy on consent.

The amendment was drafted in response to concerns that a list of procedures is by nature insufficient in identifying all the procedures for which consent is necessary. In addition to the descriptive language, the amendment included minor changes to the documentation guidelines table in Rules and Regulations.

In response to the review and comment period extended to medical staff members, a petition was submitted expressing concern about the applicability of consent requirements in emergency situations. The petition was discussed and reviewed by the Medical Executive Committee and the Board Medical Affairs Committee prior to adoption of the amendment. The Rules and Regulations address instances where patients or their surrogates are unable to provide written and/or verbal consent, or where delayed treatment is medically inadvisable, by requiring such situations to be noted in the patient’s medical record.

## **Medical Staff Leadership Council to meet in March**

MSLC meetings are held quarterly from 6 to 8 p.m. in the Swedish Education and Conference Center at the Cherry Hill campus. The next meeting will be held Tuesday, March 19. All medical staff members are welcome to attend. Dinner is available at 5:45 p.m.

Members may submit topics for the agenda by contacting [Clark Coler, M.D.](#), chief of staff.

## Swedish Cancer Institute names new executive director after national search

Swedish Cancer Institute (SCI) recently announced the appointment of Thomas D. Brown, M.D., MBA, as its new executive director. Dr. Brown will join SCI March 16.



In his new role, Dr. Brown's main responsibilities will include overseeing the Institute's Swedish-based program and network development; leading SCI's vision, strategy, planning, advocacy and execution work; furthering relationship development with the Providence Health & Services network; organizing and leading efforts to reposition SCI for health-care reform; overseeing the Institute's clinical research efforts and advanced technology initiatives; as well as championing SCI's fund-raising efforts.

Dr. Brown comes to Swedish from the University of Arizona, where he served as professor of medicine and chief operating officer of the University of Arizona Cancer Center. Prior to that, he was a professor and vice president at The University of Texas MD Anderson Cancer Center, and while on the faculty at Duke University led development of the multi-disciplinary GI cancer program and a regional, community-based clinical trial consortium.

He holds an MBA from Rice University. A graduate of the Medical College of Virginia, Dr. Brown completed an internal medicine residency at the University of Florida and a fellowship in medical oncology at The Johns Hopkins University School of Medicine. Dr. Brown's clinical practice and research focus has been on therapeutic development in gastrointestinal malignancies. His professional and academic interests include health-care policy and international health-care delivery systems.

Dr. Brown has served on numerous institutional, national and international committees and boards. Among numerous honors over his career Dr. Brown was selected as a Jones Scholar while at Rice University and has been selected for inclusion in Best Doctors of America since 1998.

"As the new executive director, Dr. Brown will focus on furthering the 81-year history and reputation of SCI as a leader in providing personalized cancer care with a research-driven, evidence-based, multidisciplinary, and disease-oriented model of patient care," said Todd Strumwasser, M.D., Swedish senior vice president and chief operating officer. "He will help steward the development of a world-class cancer program, that is both cost effective and quality driven, but most importantly patient centered."

## Swedish participates in Strong for Surgery program

Washington state surgeons and the [Strong for Surgery program](#) have released standardized guidelines for preoperative care in the form of pre-surgical checklists. The Strong for Surgery checklists assess whether patients have modifiable risks for surgery and then offer a set of interventions to reduce the risk before hospitalization. They address four target areas:

- Nutritional support to prevent infections
- Reducing cigarette smoking
- Reviewing and coordinating potentially dangerous medications
- Improving diabetes care before surgery

Swedish is participating in this statewide initiative, and the following Swedish physicians helped in the development and testing of the checklists and resource materials: Richard Billingham, M.D., Swedish Colon and Rectal Clinic; Mary Gregg, M.D., vice president, Quality and Patient Safety; and [Marc Horton, M.D., medical director, Surgery, who is featured in this NurseZone.com article](#) discussing surgical checklists.

## **Nursing bedside shift-to-shift reporting implemented on two campuses**

In an effort to optimize safety and improve patient and family engagement, nursing units on the Cherry Hill and First Hill campuses are implementing bedside shift-to-shift reporting (handoff communication). This Institute of Medicine initiative addresses two Joint Commission National Patient Safety Goals: “Improve the accuracy of patient identification,” and “Improve the effectiveness of communications among caregivers.”

A standardized method is in development, incorporating elements from the literature and best practice standards from the community. At the beginning of each shift, the nursing units will begin with a brief safety huddle to discuss universal safety concerns. Next, nurses will provide face-to-face reports at the bedside, encouraging patient and family involvement.

Bedside reporting requires uninterrupted time to accurately communicate information between nurses. All providers are welcome to observe and listen to nurses during bedside report to optimize the efficacy of the process.

Patient satisfaction and process outcomes will be evaluated as the process is implemented to determine the efficacy of the intervention on the patient experience. Early adopters of the bedside reporting initiative (10E and SOI) are seeing steady and sustained improvements in their patient satisfaction, according to Press Ganey scores.

## **“Safety Tray” dietary delivery process implemented**

A new process for dietary delivery has been implemented on nearly all acute care units of all campuses, supporting efforts to provide a safe environment of care. (Cherry Hill 2E Behavioral Health and Edmonds 9W Mental Health dietary delivery processes will not change.) A standard nursing order, known as “safety tray” is placed by the nurse for patients who are on suicide precautions or on an involuntary psychiatric boarding status. Per nursing assessment of need, a safety tray may also be used for patients who have an increased risk for injury (e.g., altered mental status or unpredictable behavior). This order is not linked to the dietary orders, does not require an LIP signature and will not go to the LIP in-box. The order will remain active until discontinued. Questions regarding the safety tray may be addressed to [Sandy Johnson, R.N., M.N.](#), psychosocial clinical nurse specialist.

## **Time to refresh?**

Physicians and other clinicians routinely encounter stressful professional and personal situations. Each responds in a variety of ways, some effective, some ineffective—or worse. Poor stress management is precipitated and perpetuated by bad habits, time constraints, cognitive load and inattention. Several recorded CME sessions introduce insights into the causes and outcomes of burnout; an evidence-based path to mitigate and prevent burnout; neurophysiologic insights into how and why it works; and the techniques to integrate insights into medical practice.

The following recorded CME sessions are available for viewing online:

[Physician Vulnerability and Resilience by John Wynn, M.D.](#)

[Not For Us Alone by Carolyn McManus, PT, MA, MS](#)

[Integrating Mindfulness into Medical Practice by Claudia Finkelstein, M.D.C.M.](#)

## Construction begins on Lytle Center for Pregnancy & Newborns

THE CAMPAIGN FOR SWEDISH

Construction is underway on the new Lytle Center for Pregnancy & Newborns, which will be located at the south entrance of the First Hill campus. The Lytle Center, scheduled to open this summer, will provide comprehensive services which meet the medical, emotional and educational needs of parents, caregivers, and their new babies. The Lytle Center will be completely funded through the generous support of the community.

Last September, Chuck and Karen Lytle of Seattle made a leadership gift of \$1 million to kick off the fundraising efforts for this project. Swedish Medical Center Foundation has begun raising the \$5 million in community support needed to build the Center and provide the array of services and programs it will offer.

The Center will include dedicated spaces for postpartum follow-up, wellness and lactation support visits for mothers and babies and will provide referrals to medical, psychological and other specialists. It will also offer educational programs, fitness activities, parenting and patient support groups, and retail sales of physician-recommended products.

Dr. Jane Uhlir will speak about the Lytle Center at the Swedish Educational Forum on Feb. 26, from 11 a.m.-12:30 p.m. at the Glaser Auditorium. To attend, register with [Jennifer Nolte](#).

## Community health classes offered

Every month, Swedish hosts free and low-cost community classes on various topics that may be helpful to share with patients, such as:

### **Heart Health in Your Kitchen**

Tuesday, Feb. 5 from 6 to 7:30 p.m. (Swedish/Edmonds)

Patients will learn about heart healthy ingredients and cooking techniques while sampling heart-healthy recipes. Free.

### **Treating Prostate Cancer: Is Less Really More?**

Thursday, Feb. 7 from noon to 1 p.m. (Swedish/Cherry Hill)

Robert Meier, M.D. will discuss the controversial recommendations in the news and review treatment options with patients. Free.

### **The Screening You Haven't Heard Of (AAA)**

Saturday, Feb. 9 from 10:30 a.m. to noon (Swedish/Ballard)

Patients will learn about abdominal aortic aneurysm (AAA) and whether this important screening is right for them. Free.

### **Savory Substitutions: Transforming Common Dishes into Healthy and Nourishing Meals**

Tuesday, Feb. 19 from 6 to 7:30 p.m. (Swedish/Issaquah)

Patients will learn how to revamp some of their favorite dishes into delicious diabetes-friendly meals without compromising flavor. Fee: \$15/person.

### **Nutrition for Young Athletes**

Wednesday, Feb. 20 from 6:30-7:30 (Swedish/Issaquah)

Ally Colson will lead an interactive training for patients on game-winning meals and snacks to help young athletes become nutrition champions. Free.

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### **Heavy Periods: Treatment and Management**

Thursday, Feb. 21 from 6:30 to 7:30 p.m. (Swedish/Mill Creek)

Obstetrician/gynecologist Dr. Martha Moe will discuss with patients how heavy periods don't have to rule their life. Free.

### **Screening for Lung Cancer: The Time Has Come!**

Thursday, Feb. 21 from 6:30-8 p.m. (Swedish/First Hill)

Patients will hear from Dr. Ralph Aye about state-of-the-art lung cancer detection strategies and practical tips to determine whether screening is right for them or a loved one. Free.

To see a full list of classes or to register for a class, patients should visit [www.swedish.org/classes](http://www.swedish.org/classes), email [healtheducation@swedish.org](mailto:healtheducation@swedish.org), or call 206-386-2502. Providers and staff may contact [Kaetlin Miller](#), health education specialist.

## **Welcome new medical staff members**

Help welcome practitioners who joined the medical staff in [January](#).

**To admit a patient to Swedish, call 206-386-6090.**

## **Kudos**

Sandeep Sachdeva, M.D., medicine department chair, was recently interviewed by *Today's Hospitalist* for an article on how hospitalists stay healthy while working nights. The article, "[Back away from the donuts!](#)" appeared in the January edition of the magazine.

*Medical staff members may submit news about awards, recognitions, published articles, media reports, and other professional achievements for consideration in "Kudos" by emailing [Medical Staff News](#).*

## **At Your Service: The Physician Assistance Program**

The Swedish Physician Assistance Program is a confidential, outside resource available to medical staff members and their families at no cost to support members in addressing:

- Family or marital concerns
- Substance abuse
- Work-life balance issues or other problems
- Emotional or behavior issues
- Compulsive behaviors

The program is always confidential and available 24 hours a day, seven days a week at 800-777-1323. Benefits also include free legal services, childcare and eldercare referrals, identity theft/fraud services and debt management assistance.

Check out the [online tools and resources](#). At the "Work/Life Resources" tab enter the username: "swedish" and the password: "employee" for immediate access. . The username and password provide access for all medical staff members, whether or not employed by Swedish.

## **CME spotlight**

### *Upcoming CME Conferences*

[PsychoOncology Symposium 2013: Nothing to Be Afraid of – Working with Distressed, Medically Ill Patients](#)

March 1

[The Transradial Approach: A Case-based and Hands-on Training Course](#)

March 1-2

[Clinical Research Investigator Training](#)

March 15

[High-Risk Obstetrics: Tools for the Family Physician](#)

March 22

[Multimodal Treatment of Spinal Tumors, 2013](#)

March 29

[Third Annual Pacific Northwest Head and Neck Cancer Symposium: Update on Head and Neck Skin Cancers](#)

April 19

**Annual Oncology Symposium – Women and Cancer: Why Sex Matters**

May 3

**Seventh Annual Cerebrovascular Symposium**

May 9-10

**Sixth Annual Iris and Ted Wagner Endowed Lectureship**

May 22

**Fifth Annual Acute Care Neurology and Neurosurgery**

May 31

**Adolescent Health and Pediatric Obesity (R3 Talks)**

June 7

**Pacific Northwest Epilepsy Symposium, 2013**

June 14

### *CME Series*

#### [Cancer Conference Series](#)

12 sub-series | First Hill, Cherry Hill, Ballard, Issaquah and Highline

#### [Combined Campus Cardiovascular Conference Series](#)

2nd and 3rd Thursdays | Cherry Hill

#### [Grand Rounds](#)

2nd Thursdays | First Hill, Ballard and Issaquah

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[Medical Ethics Conference Series for Health-care Providers](#)

4th Wednesdays | First Hill

[Swedish Neuroscience Institute Grand Rounds](#)

1st & 3rd Thursdays | Cherry Hill

For the most up-to-date information, visit: [www.swedish.org/CME](http://www.swedish.org/CME)

## Standards News

[Click here](#) for a summary of Clinical Standards recently adopted or amended and links to each Standard.

Standards are published as soon as possible after final adoption. All Swedish Standards are accessible at <http://standards.swedish.org> or by going to the Swedish intranet page and clicking on “Standards.”



**SWEDISH MEDICAL CENTER**

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