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DEPARTMENT OF SPIRITUAL CARE

Touching the Soul in Dementia, Delirium and Coma

Presentations by:

Stan Tomandl, M.A., PWD, and
Ann Jacob, B.A.
Process Oriented Counseling

Pat Borman, M.D.
*Associate Clinical Professor,
University of Washington
Department of Family Medicine*

Friday, October 15, 2010
8:30 a.m-4:15 p.m.

Swedish Medical Center
First Hill Campus
747 Broadway
Seattle, WA 98122
Glaser Auditorium



SWEDISH
HEALTH SERVICES
SPIRITUAL CARE
747 Broadway
Seattle, WA 98122-4307

COURSE DESCRIPTION

This interactive seminar will offer opportunities for participants to recognize altered states of consciousness due to dementia, delirium and coma; increase awareness of the soul's need for communication and wholeness; and provide experiential learning using sensory grounded techniques that facilitate healing, support and wholeness for both patient/client and caregiver.

COURSE OBJECTIVES

At the end of this seminar, the participant will be able to:

- Recognize the changes in brain function due to dementia, delirium and coma
- Identify challenges in caring for brain-injured persons and support needed for caregivers
- Articulate a working definition of palliative care
- Identify the soul wisdom that is found in altered consciousness, both for one's own self and for patients/clients
- Recognize how to join with patients/clients while maintaining a detached awareness, by using soul based wisdom and sensory grounded communication
- Utilize sensory grounded techniques that assist patients and caregivers with emotional, relational and spiritual communication

TARGET AUDIENCE

The annual Spiritual Care Day Seminar is planned for community pastors and outreach ministers, volunteers, physicians, nurses, chaplains, social workers and health-care workers.

AGENDA

**First Hill Campus, Swedish Medical Center
Glaser Auditorium
Friday, October 15, 2010**

8:30 a.m.	Registration and Breakfast Glaser Foyer	1:15 p.m.	A Little Awareness Goes a Long Way Stan Tomandl, M.A., PWD, and Ann Jacob, B.A., Ed.
9 a.m.	Welcome/Introductions Joan Wahlmeier, B.A., Staff Chaplain Glaser Auditorium	2:45 p.m.	Break
9:15 a.m.	Beyond Words: Palliative Care When Communication is Impaired Pat Borman, M.D.	3 p.m.	Soul Tending Challenges <i>Moderator:</i> Arthur Padilla, M.A. Pat Borman, M.D. Nora Gibson, M.S.W. Bertram Johnson, M.Div., M.S.W. Ann Jacob, M.A. Ed. Stan Tomandl, M.A., PWD
10:30 a.m.	Break	4 p.m.	Closing Arthur Padilla, M.A.
10:45 a.m.	As Long as There is Breath, Communication is Always Possible Stan Tomandl, M.A., PWD, and Ann Jacob, B.A., Ed.	4:15 p.m.	Adjourn: Evaluations/Certificates
12:15 p.m.	Lunch		

FACULTY

Pat Borman M.D., a physician since 1986, has a specialty in palliative medicine. She sees palliative care as a holistic blend of the art, the heart and the science of medicine, which strives to manage and prevent suffering associated with serious illness. Pat is a graduate of the University of California at Berkeley and received her M.D. from George Washington University. She was faculty at the Swedish Family Medicine Residency program from 1998-2009 and developed and directed the Geriatrics Fellowship. From 2008-2009, she received Fellowship training in palliative medicine at San Diego Hospice. Pat is currently involved in the growth and development of palliative-care services for health professionals, physicians in training and groups in the Puget Sound community. Pat lives on the water of Puget Sound with her husband, Nathan. Her interests are cooking, quilting, reading and helping Nathan with woodworking and metal fabrication.

Stan Tomandl M.A., PWD and **Ann Jacob, B.A. Ed.**, of Coma Communication and Process Oriented Counseling, provide a therapeutic practice based in Victoria, BC, using telephone and video Skype to work with, coach and train individuals, families and care facilities at a distance. For 25 years they have specialized in researching and teaching about people in altered consciousness: illness, dementia, delirium, brain injury, family conflict, coma, grief and other fragile and strong times in our living and dying. Ann and Stan are under the mentorship of Drs. Arnold and Amy Mindell and teach at the Process Work Institute Graduate School. They are on the faculty of the Sacred Art of Living Center and the Anamcara Project in Bend, Oregon, and sit on the

Board of ComaCARE in Cape Town, South Africa. Stan has authored three books on dementia and coma care. Ann and Stan provide presentations and ongoing trainings for conferences, hospices and eldercare facilities. They love the wilds of city living and wilderness rivers, canoeing and their seven adult children and five grandchildren. "We find people's essential inner rivers enriching for those drawn to navigate them, relieving when we take opportunities to join the current, and deeply connecting to ancient and modern mystic traditions that are the living waters found everywhere on this planet."

Nora Gibson, M.S.W., has worked in the field of adult day services since 1978 as a clinician, program manager and assistant director. Since 1994, she has been the Executive Director of ElderHealth Northwest. Nora received her graduate degree from the University of Washington. She serves on the faculty of the University of Washington School of Social Work. Nora is on the boards of directors of the Alzheimer's Association-Western and Central Washington State Chapter, Brain Injury Association of Washington, Pioneer Network and the Washington Adult Day Services Association.

Bertram Johnson, M.Div., M.S.W., is the Director of the CareTeam Program at Multifaith Works. He holds a Masters degree from Princeton Theological Seminary and Rutgers University. He began work in the HIV/AIDS community as a hospital chaplain in Atlanta in 1994. Locally, he has provided spiritual and emotional care to patients at Seattle Cancer Care Alliance and the University of Washington. He currently sits on the Professional Consultation Committee for Spiritual Care at Swedish Medical Center.

CREDITS

Physicians may claim 5.25 Category II Credits toward Washington State re-licensure.

CONTINUING EDUCATION HOURS

- Clergy may claim 6.3 contact hours.
- Multifaith Works volunteers may claim this event as volunteer hours.

PLANNING COMMITTEE MEMBERS

- **Ellen Collins, M.Div.**
Staff Chaplain, Swedish Medical Center
- **Arthur Padilla, M.A.**
Executive Director, Multifaith Works
- **Joan Wahlmeier, B.A., Chair**
Staff Chaplain, Swedish Medical Center

FOR FURTHER INFORMATION

Joan Wahlmeier, Staff Chaplain
Swedish Medical Center
Department of Spiritual Care
206-386-3030, ext. 33615
joan.wahlmeier@swedish.org

DIRECTIONS AND PARKING

The First Hill campus of Swedish Medical Center is located at 747 Broadway. The Glaser Auditorium is located on the main floor.

By Bus: Call the Rider Information Line at 206-553-3000 or e-mail at <http://transit.metrokc.gov>

By Car: From I-5 (Northbound and Southbound), take the James Street exit. Turn east on James Street. Turn north (left) onto Broadway. Go 1½ blocks. The hospital is on your left. For those wanting to park in the underground Broadway Garage, turn left on Columbia Street and into the main hospital entrance. Follow the signs to the underground parking garage. Conference parking rate is \$10 for the day.

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Friday, October 15, 2010

Swedish Medical Center/First Hill

Please print or type

Name _____

Credential(s) _____

Address _____

City/State/ZIP _____

Specialty _____

Daytime Phone (include area code) _____

Daytime Fax (include area code) _____

E-mail Address _____

Registration Fee

Postmarked before Friday, Oct. 8: ___\$75

Postmarked after Friday, Oct. 8: ___\$85

Preregistration is required.

Check enclosed, payable to
"Swedish Medical Center Spiritual Care"

Credit card # _____

Visa MasterCard Discover American Express

Name on credit card _____

Signature _____ Expiration Date _____

Registration fee includes a sack lunch.

Check here for a vegetarian lunch.

Please mail registration form with check or credit card information before Friday, Oct. 8 to:

Swedish Medical Center
Department of Spiritual Care/First Hill
747 Broadway
Seattle, WA 98122-4307

Note: No phone registrations will be accepted.

There is a 50-percent refund for cancellations before Friday, October 8, 2010.