

Supporting the Cancer Patient

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First Diagnosis Symptoms

- Overwhelmed
- Numb
- Shocked
- Lack of short term memory
- Less tolerant

Caregiver Advice

- Take care of yourself
- Remember your appointments
- Take breaks
- Attend a support group
- Do not be hard on yourself

Talking to Children

- Be honest
- Use the word cancer
- Keep things predictable
- Mark down appointments
- Invite them to ask questions

For More Information on Supporting the Cancer Patient:

First Hill Social Workers
206-386-2323