



Did you know that there is a chapter of SPOHNC in Seattle?

Support for People with Oral and Head and Neck Cancer, Inc. (SPOHNC), a patient-directed self-help organization, was founded in 1991 by an oral cancer survivor. It is a non-profit organization dedicated to meeting the emotional, physical and humanistic needs of oral and head and neck cancer patients and their caregivers.

SPOHNC chapters hold monthly meetings offering information, support and encouragement to newly diagnosed patients, survivors, family members and friends in a friendly and non-threatening forum. Survivors discuss their situations, experiences, coping strategies and hopes. Educational presentations are also part of the SPOHNC program.

**SPOHNC – SEATTLE, WA
Swedish Medical Center
747 Broadway
Seattle, WA 98122**

**Meetings will be held on the
third Thursday of each month
from 6:00-7:30 PM
1 East Conference Room**

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