

CENTER FOR HEALTH AND FITNESS

CardioVascular Wellness Services

Partnering with you to promote your patient's health

Patient name: _____ Date: _____

Patient phone number: _____ Date of birth: _____

Insurance: _____ Precautions: _____

Diagnoses *(Check all that apply)*

- _____ Angina/CAD
- _____ MI
- _____ S/P PTCA/STENT
- _____ S/P CABG
- _____ S/P Valve Surgery
- _____ HTN
- _____ Diabetes
- _____ Dyslipidemia
- _____ Stress
- _____ Obesity
- _____ Metabolic Syndrome
- _____ CHF
- _____ CVA
- _____ TIA
- _____ COPD
- _____ Other _____

Outpatient Disease Management Programs

- _____ Cardiac Rehabilitation
(24-36 sessions)
- _____ Pulmonary Rehabilitation
(36 sessions)

Prevention and Wellness Services

- _____ Exercise Training (Get Fit)
(supervised on-site exercise, retail)
- _____ Exercise Consultation
(one-time evaluation, retail)

Physician's signature _____

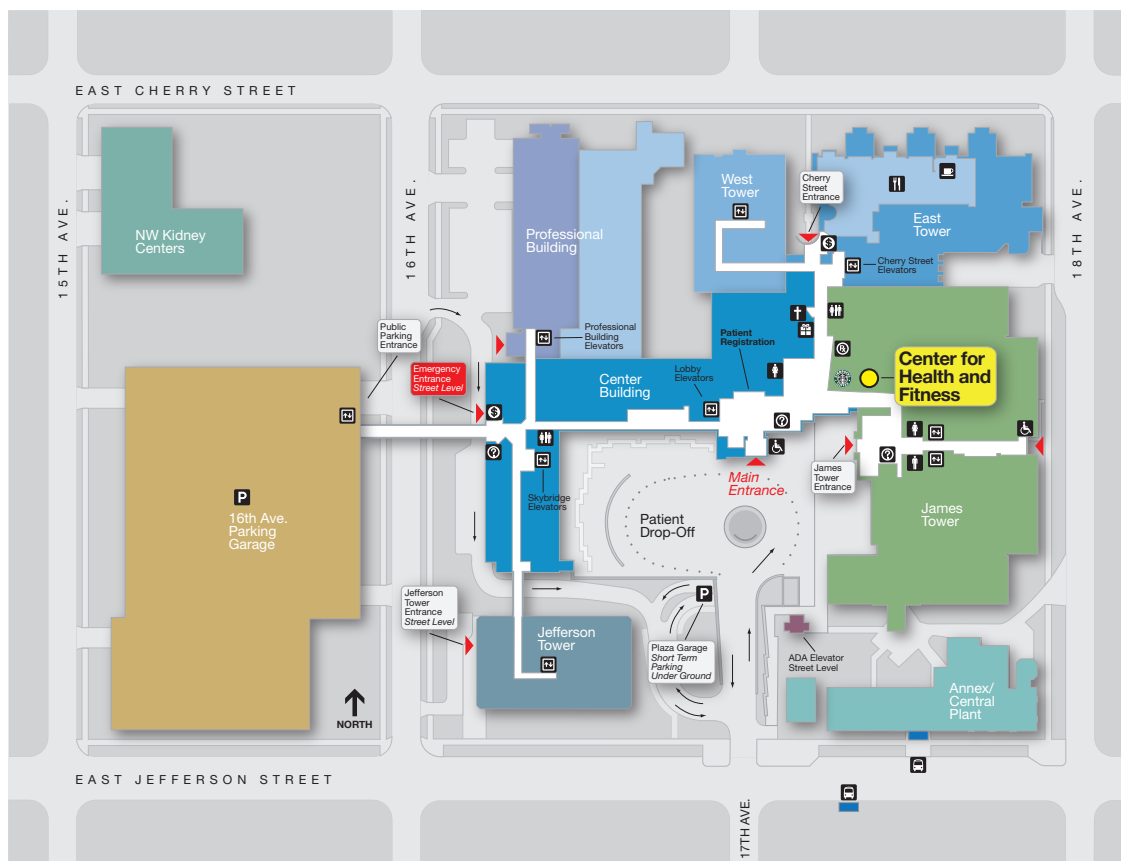
Physician's name *(please print)* _____

Comments: _____

Thank you for this referral. Please encourage your patient to contact us to schedule an appointment.

To fax this referral: **206-320-3343**

See map on reverse.



Directions to Center for Health and Fitness at Swedish Medical Center:

Monday-Friday 7:30 a.m.-5 p.m.

From the North, traveling south on I-5:

- Take I-5 southbound to the James Street Exit (No. 165A)
- Turn left (east) onto James (Note: James will become Cherry Street)
- Travel east on Cherry five blocks to the intersection of Cherry and 16th Avenue
- Turn right (south) onto 16th Avenue
- Turn right into the entrance of the parking garage
- The Center for Health and Fitness is in the James Tower, next to Starbucks

From the South, traveling North on I-5:

- Take I-5 northbound to the James Street Exit (No. 164A)
- Stay in the right lane and turn right (east) onto James (Note: James will become Cherry Street)
- Travel east on Cherry five blocks to the intersection of Cherry and 16th Avenue
- Turn right (south) onto 16th Avenue
- Turn right into the entrance of the parking garage
- The Center for Health and Fitness is in the James Tower, next to Starbucks

For more information, call **206-320-3320** or visit **www.swedish.org/cvwellness**



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