

Access to Care

The overall goal is...

- To improve access to health care and preventive resources for people with low incomes and those uninsured by deploying programs to assist with navigating the health care system.
- To increase the number of people in the community who report being able to access primary health care services and the number of people who report receiving culturally responsive care.
- Primary care and mental health provider to population ratios have improved which has resulted in patients being connected with community services and resources in a timely manner.
- To ease the way for people to access the appropriate level of care at the right time.
- To increase the percentage of people with insurance in the community.

Access to care (primary)

Level of intervention	Patient/Individual Person-focused interventions	Organization Interventions at the neighborhood, city, and/or organizational level (i.e. internal policies and practices)	Population Interventions that serve the population at-large; County/state/Federal level
Prevention Programs and interventions that ensure people have access to care whenever they need it and remove barriers.	Insurance School-based health center Telemedicine	Primary care incentive payment programs Rural health medical student incentives Community organizing/local advocacy Physician recruitment (Diverse) Service hours (expanded) Urban planning Trust building	Rural health medical student incentives Universal healthcare Anti-poverty/paid leave Anti-racism Workforce pipelines/development Public health infrastructure
Mitigation Proactive outreach to address barriers to care	Care navigation Social service referrals CHWs/peers/PH nurses Primary care medical homes Medical transportation Telemedicine Enrollment assistors	Neighborhood based CHWs (geographic) School Based Health Care Mobile medical/outreach FQHCs Service-enriched housing	Transportation corridors/urban development
Treatment Acute, in hospital/ER, ensuring continued access for those who have experienced an emergency. Continued access to care (helping identify PCP, followthrough)	Financial Assistance and Enrollment Translation Telemedicine	Trauma-informed care Motivational interviewing Health literacy Public Health Nursing and coordination	

Food Insecurity/ Obesity/ Nutrition

The overall goal is...

- To provide the support and resources necessary for removing systemic barriers to people reaching and maintaining a healthy weight.
- To reduce the percentage of households experiencing food insecurity.
- To increase the percentage of people who have access to affordable, nutritious food to live their fullest and most productive lives.

Healthy food access

Level of intervention	Patient/Individual Person-focused interventions	Organization Interventions at the neighborhood, city, and/or organizational level (i.e. internal policies and practices)	Population Interventions that serve the population at-large; County/state/Federal level
Prevention	Backpack programs Financial literacy Nutrition education	Community building School meal programs/breakfast after the bell Urban planning + store location WIC/EBT acceptance and farmers market incentives Food placement (healthy food in convenience stores) School nutrition standards	Anti-poverty/paid leave Anti-racism Advocacy– Public charge impacts SNAP expansion + WIC Living wage jobs EITC/ Child Tax Credits
Mitigation	Hunger Vital Signs Meal delivery (Meals on Wheels) CHW/PHNs Home visiting Food banks Veggie RX	Transportation Community gardens* Healthy food in food banks Community Teaching Kitchens	
Treatment	Transportation Medical meals Screen and Intervene Colocation (food and care)	Food pantry networks	

Health Equity, Racism, and Discrimination

The overall goal is...

- Reference [regional health equity plan](#)
- To actively work to eliminate social inequities and forms of oppression in our communities, ensuring all people have the opportunities and access to living their fullest, healthiest lives.
- To be a community partner in undoing institutional racism that prevents our community members from feeling safe, respected, and heard when accessing health services.

Homelessness and Housing Instability

The overall goal is...

- To end homelessness by reaching functional zero, which means that the system will not have more individuals enter than exit from the homelessness system at any given time.
- A sufficient supply of safe, affordable housing units to ensure that all people in the community have access to a healthy place to live that meets their needs.
- A reduction in housing cost burden in the community based on increased affordable housing options and increased economic opportunities.

Housing Instability & Homelessness

Level of Intervention	Patient/individual Person-focused interventions	Organization Interventions at the neighborhood, city, and/or organizational level (i.e. internal policies and practices)	Population Interventions that serve the population at-large; County/state/Federal level
Prevention Programs and interventions to prevent homelessness	Skills-building Child development Nurturing families	Inclusive zoning Preservation of affordable housing Community/coalition-building	Economic development; living wage jobs Poverty reduction Anti-racism Paid parental leave Tenant protections
Mitigation Programs and interventions intended to prevent homelessness amongst those at-risk of losing their homes; ensuring homelessness does not become chronic	Eviction prevention Utility assistance Rapid re-housing Shallow rent subsidies Short-term rental assistance Housing First Permanent Supportive Housing Diversion programs (i.e. LAHSA)	Medical-Legal Partnership Affordable Housing Stock Holistic Community Development Community Solutions/Built for Zero	Housing First
Treatment Programs and interventions to support those currently experiencing homelessness	Recuperative care Medical respite Transitional care Emergency shelters* Housing with Services	Trauma-informed care Motivational interviewing Sanctioned encampments*	B4Z/Coordinated Entry

Mental Health and Substance Use

The overall goal is...

- To reduce substance use disorders and related health conditions through evidence-based prevention, treatment, and recovery support services.¹
- To ensure equitable access to high-quality, culturally responsive, and linguistically appropriate mental health services, especially for populations with low incomes.
- An improved workforce of mental health professionals that is representative of the community served and can effectively and compassionately respond to the community's mental health and substance use needs.
- A reduction in deaths of despair in the community.

¹[Inspired by the Substance Abuse and Mental Health Services Strategic Plan FY2019-FY2023 \(samhsa.gov\)](https://www.samhsa.gov)

Promoting community mental health and well-being

Level of intervention	Patient/Individual Person-focused interventions	Organization Interventions at the neighborhood, city, and/or organizational level (i.e. internal policies and practices)	Population Interventions that serve the population at-large; County/state/Federal level
<p>Prevention Programs and interventions that promote mental health and wellness</p> <p>Purpose, empowerment, agency</p>	<p>Nurturing families Trauma prevention School-based Health Centers Early Childhood Development/ECFC Relief nurseries</p>	<p>Trauma prevention Community building Senior activity programs preventing isolation School partnerships and mentorship MHFA/ eCPR (emotionally connect, partner, and connect) Sense of belonging</p>	<p>Work2 Be Well Anti-poverty/ paid parental leave Anti-racism Advocacy Well Being Trust Workforce pipelines/development</p>
<p>Mitigation Programs and interventions that provide outreach or support to those in need of MH care</p>	<p>Telepsych Care navigation CHWs/peers/PHN PCMH My MH Matters* Housing First programs</p>	<p>Behavioral health primary care integration Culturally responsive and linguistically appropriate Supportive housing FQHCs + mobile Trauma-informed schools</p>	<p>Work2 Be Well Housing First policies</p>
<p>Treatment Programs or interventions that are to serve those in MH crisis or with MH diagnoses</p>	<p>ED Psych Unit Telepsych Translation Crisis lines</p>	<p>Trauma-informed care Motivational interviewing Behavioral health Primary care Guardianship</p>	